THE Highlands Communicator

Vol 6 Issue 1

FREE

Oct. 25 - Nov. 8 2006

Haliburton County's Good News Fun Free Newspaper

Halloween's Gone To The Dogs

Circulation 8,000

Mailed FREE to:

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Gelert
Lochlin
Carnarvon
Kinmount
Wilberforce
Harcourt
Highland Grove
Gooderham
Tory Hill
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Ingoldsby
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Fort Irwin
Miners Bay
Moore Falls

Don't forget to set your clocks BACK 1 hr. on Sunday Oct. 29 at 2:00 a.m.

Teddy Time
Haliburton Ontario
Not Quite Main Street
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Cty Rd. 21, Haliburton Village
www.teddytime.com

Halloween Cuddlies!

"A grandmother pretends she doesn't know who you are on Halloween."
~Erma Bombeck

How to Vote

On Monday, November 13th, Haliburton voters will go the polls to elect councillors, deputy reeves and reeves in the four Municipalities that make up Haliburton County. How do you get to vote, or make absolutely sure you're actually on the voters' list? If you are on the voters list you should have received a ballot in the mail by now, and most voters are expected to use that easy and convenient way to exercise their franchise.

But if you didn't get a ballot in the mail, it's almost certain you're not on the list and you'll need to go to your local Municipal Office and fill out a form. To be eligible to vote you need to be a resident of the County, a Canadian citizen, and 18 years of age. The Municipality of Minden Hills Office is right behind the main street in Minden, phone number 286-1260: in Haliburton the Municipality of Dysart offices are in the village just past the Post Office on Highway 118, phone number 457-1740; in Highlands East the offices are in Wilberforce at 2249 Loop Road opposite the arena, phone number 448-2981; and in Algonquin Highlands they're at 1123 North Shore Road off Highway 35 north of Carnarvon, phone number 489-2379.

Full information on where to vote on the actual day will be available from the Municipalities as well.

Don't forget that Canada Post is closed on Election Day so, if mailed, your ballot must be received by Friday, November 10, 2006. Alternatively, you can bring your ballot to the municipal office.

Municipal Elections Heat Up In Haliburton County

As the old cliché goes, "all politics is local" – and you certainly can't get any more local than the forthcoming municipal elections in Haliburton County. On Monday November 13th, voters will be going to the polls to elect councillors, deputy reeves, and reeves for the four Municipalities that make up Haliburton County. This will be only the second local election since the amalgamation of many of the townships six years ago and increasingly it seems that local politics is attracting intense interest across the board. Perhaps this is a result of the downloading of many services that occurred in the 1990s and the resulting increased local responsibilities. Or perhaps it's just a result of increased public awareness of just how much our local communities mean to us – how much the environment, the roads, the arenas, business and residential development and, of course, taxes, are major factors that contribute to our overall quality of life. You may be obsessed with Afghanistan, totally wound up about same-sex marriage, completely strung out by the justice system, or just can't wait to hear the latest House of Commons soap opera – but none of the above is going to get your road plowed, your garbage taken care of, or your idyllic lake developed in a safe and sensible manner.

So local politics do matter – and over 60 Haliburtonians have taken the time and effort to put their names forward for your consideration. Here's a look at the three contests for Reeve (Dysart's Murray Fearrey has been acclaimed), and at the four candidates vying to be Dysart's Deputy Reeve.

More election coverage in following pages: 6, 7, 9, 14 & 15

Moose on the Loose

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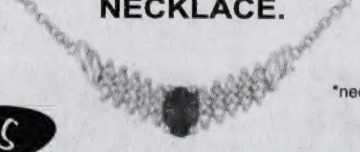

*necklace not exactly as shown

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Community Care Haliburton County offers 10 Services that are vital in keeping seniors and adults with disabilities living healthier in their own homes for as long as possible.

Sometime in the future someone you love will need that little extra helping hand to remain living in their own home, just where they want to be.

Come and learn how we can help and what we have to offer. What are the benefits of Laugher? How can you maintain a happier and healthier lifestyle? Participate in laughter exercises. Learn about Community Care.

To bring this presentation to your organization, call Roxanne at 457-2941.

Junior Red Hawk Badminton

Every Tuesday grades 6 – grade 12 can participate in badminton held at the school gym from 6:30pm to 8:00pm. The cost is $10.00 and one time fee birdies will be provided. Please bring your own raquet.

Whenever I feel blue, I start breathing again.

Where Ghouls Lurk, Witches Brew, Ghosts Haunt And Vampires Fill The Night

Calling all goblins and gouls... Head to Moore Falls on October 31 for the annual Moore Falls Fright Night in aid of the Minden Food Bank.

The event takes place at dusk at 1028 Green Gables Rd., Moore Falls. 800 ft. off Hwy 35, 8 km N. of Norland, 17 km S. of Minden. Come on out and have a frightening good time

Nelcia King of Moore Falls has been creating the most spectacular, scary Halloween displays, including Moore Falls *live* ghouls, for many years. The most incredible thing to see and hear is Nelcia running through the gravestones. This quiet unassuming lady, changes every Halloween into a different persona. No one cackles better than Nelcia.

Last year the idea of making this event more worthwhile by requesting an admission fee via a donation to the Minden Food Bank was a tremendous success so this year the same event is being planned. Be sure to come out and be prepared to be "scared"!!

Ontario Early Years Centres

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A Place for Parents And Their Children.

Saturday November 4th
10 a.m to 1 p.m

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Minden 286-1770 Haliburton 457-2989

GOAL Program

Get Organized About your Lifestyle

A six week program that offers workshops on how to maintain a healthy lifestyle. Workshops offered in both Minden & Haliburton Hospital sites. It begins in mid October and runs until the end of November. It is not just for people living with Diabetes, so bring your freinds.

It is not too late to register

Topics include Menu Planning, Nutrition, Label Reading, Eating Out & Portion Control Stress, Yoga, and Resistance Exercises.

Haliburton: Mondays 1 - 3 pm
Minden: Tuesdays 1 - 3 pm

Call 457-1392 ext 241
or 286-2140 ext 296

Brought to you by the Haliburton Highlands Diabetes Education Network

Haliburton Hair Dressing

Spotlight On Business

Haliburton Hairdressing Moves To New Location

In June of 1964 a very young Marian Hamilton, of Owen Sound, travelled to Lindsay to train as a hairdresser at a salon known as the "House of Anol", owned by a Mr. Trumball. Marian's favourite aunt and uncle lived in Lindsay, which made the transition easier, and Trumball was a very good manager and teacher. "I apprenticed with him and finally wrote my exams in the spring of 1967. He also owned salons in Bobcaygeon and Haliburton, and he asked me if I wanted to go to Haliburton and work with his full time stylist, Veronica Howe. I said yes, but I remember the first drive north with him, through the rock cut in Miner's Bay and so on – it seemed such a long way that I really wondered what I was getting myself into!

"But when I finally arrived in Haliburton and saw the lake, and how pretty the town was, I felt better – it reminded me a little of Owen Sound, and people were kind to me right from the beginning. And my very first Haliburton customer was a lovely lady named Grace Boice – and I've been doing her hair ever since!"

Marian and Victoria Howe got along very well, and the business flourished. Marian became Marian Teatro and had two sons, Jamie and Jeff, but was soon on her own again, and a single mom. In April of 1976 she took another brave step and established her own business, Haliburton Hairdressing, and never looked back. "I'd become really fond of this community and realized how much it cared about people. And I thought the community would grow, as well, and that with really hard work the business could become a success and support us. And it did. It wasn't easy raising two hell-raising boys, I'll tell you, but again the community, particularly the teachers and the school, were a terrific support, always."

And Marian's business flourished. Not only did she cater to her faithful ladies, but with the 1970s revolution in men's hair styles, Marian quickly realized she'd have to accommodate both men and women. "I started to cut men's hair as soon as I opened my own salon in '76. So many young men had the long, layered look and most barbers weren't trained to deal with it. I was delighted to get up to speed with the new men's styles – and it made the whole business more interesting."

But the core of the business was still women, from young girls to seniors. Marian soon needed help, and found that she really enjoyed teaching her craft as well. "I loved my co-op students from the high school – it was a great pleasure to help the kids. And through the years I've had many professionals who've been wonderful to work with – Margot McCrae was here for years, along with many others, Darlene Wilcox, Heather Coneybeare, Annie Cochrane, and Mabel Glendenning to name just a few. They've all been a part of our success."

Not that it was all smooth sailing. In 1979 her salon was brutally vandalized, her mirrors smashed, her supplies and equipment virtually destroyed. "It wasn't personal – after he finished with my shop he tried to trash Black's and even Curry's. And of course I didn't have insurance for this type of disaster –

Haliburton Hair Dressing cont'd... pg. 5...

THE Highlands Communicator

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Publisher, Editor, Graphic Design: Joanne Irvine
Reporter / Photographer: Stephen Patrick

Forever in our Hearts...
Roberta Welsh - Feb 12/06

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Haliburton Hair Dressing Cont'd...

... from pg. 4

it's in the riots and war clause, if you want to know – but within days the community showed just how much they cared. The town had a benefit dance for me, which raised just enough to get me back on my feet, repaint the salon, and start again. If I hadn't known before that Haliburton was the right place for me, I certainly did then."

This past summer Marian purchased a lovely old house overlooking Head Lake at the corner of Cedar Avenue and Mountain Street, and this month re-opened Haliburton Hairdressing in the parlour of her new home. After almost 40 years in the community, and 30 years as salon owner, her clientele is as loyal as ever: "I haven't thought of retiring – I'd miss my customers too much."

Her sons, Jamie and Jeff, now a machine operator and carpenter/builder respectively, have come back to town every weekend for the past two months to help with renovations, including a wheel-chair ramp. "They've been a terrific help – and I'm open for business again."

Haliburton Hairdressing is now located at 6 Cedar Avenue, and is open Tuesday, Wednesday, and Friday from 9 am until 5 pm, Thursdays from 9 am to 7 pm, and Saturdays from 9 am until 3 pm. For appointments call 457-2852.

ATTENTION Businesses!

The 17th Annual Haliburton Highlands Large Print Phone Book is now being updated.

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Election 2006 - Highlands East

In Highlands East, Keith Tallman has retired, leaving the race wide open for candidates Dave Burton and Glen Madill. The contest became heated early on as a result of a dispute over how the local Fire Department responded to the devastating fire that destroyed Hunter Lumber in Gooderham this fall. Accusations and counter-accusation were flying about hot and heavy as Burton questioned the Department's tactics, and Madill sought to calm the waters by supporting a Fire Marshall's investigation. But after the Chief Don Middleton issued a statement defending his actions, the rhetoric died down considerably, although both candidates are still committed to an investigation.

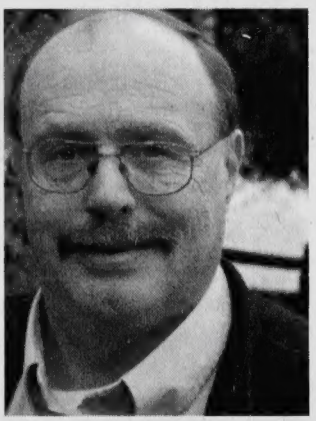
Glen Madill:

Glen Madill worked for over twenty years as Maintenance Supervisor at Bark Lake Camp until the Ontario Government sold it in 1995. Glen had been a Glamorgan Township Councillor from 1983 to 1988, and was Deputy Reeve from 1989 to 1995. When he left the Bark Lake Camp Glen was hired by Glamorgan as Clerk/ Treasure, and after amalgamation in 2000 became the deputy clerk for the new Municipality until he decided to retire in 2004.

But after two years away from Municipal politics Glen Madill wants to get back in as Reeve because he still feels he has a real contribution to make. "I feel strongly about how some of the decisions over the last few years have been made – I have little respect for the current five-year plan for example – and I want to be able to influence all the waste management decisions and directions we're going to have to take in the next few years. Absolutely we should be looking at alternatives to landfill sites as a means of waste disposal – and we should also be looking at a County-wide solution, with local transfer points, for example. And yes, we need to look at the situation with the fire department – but the controversies must be resolved in the public eye – we've got to stop this perception that the department has run amok – it's just not true. And I'm certainly not in favour of closing any fire halls."

Dave Burton:

Candidate Dave Burton moved to the area about ten years ago after a successful career as a well-driller and water provider in the Barrie area. He was also a local Councillor for six years in Oro-Medonte and has been a tireless volunteer in the Wilberforce and area community. He's President of the Wilberforce Legion, was President for six years of the Lake Wilbermere Land Owners' Association, is a volunteer firefighter, and has represented the Algonquin Gateway Business Association at Queen's Park.



"I definitely want a review of the Fire Department's organization and procedures", says Dave, "but I recognize what a difficult job it is. I think it's healthy that all departments of government are reviewed periodically – it's simply healthy for all concerned.

"I bring many years of business experience in the water industry to the table, for example, and I believe strongly in the accountability of all Municipal government departments. I think there's a feeling that this is a time of change for Highlands East, and that people aren't happy with so many local issues – how did we allow ourselves to be in the waste management position we're in today, for example, with just three years left to make changes?

"I believe strongly in public input and awareness – and I'm committed to working openly and respectfully with our citizens, our Municipal staff, and of course Council."

A Little Bit of Everything

Now that the leaves have fallen, please remember to start getting ready for the shoe boxes for ***Operation Christmas Child.*** We have socks, toys, wash cloths, toiletries, school supplies, and lots of other items suitable for the shoe boxes for both boys and girls. The deadline for turning in your filled shoe boxes is only a few weeks away.

The time for Trick-or-Treat is just around the corner, so be sure to stock up on all our Halloween items. Too, our first huge order of all Christmas things will be arriving at the end of October.

Please remember that we sell out of seasonal items quite quickly, so shop early so that you won't be disappointed.

Beside IGA & Home Hardware in Minden **(705) 286-3741** ***Debbie, Ira & Joanne***

Election 2006 - Minden Hills

In the Municipality of Minden Hills, Reeve Jim McMahon is being challenged by Garbage Disposal worker and Consultant Wende Plante, and by former Accountant Wally Dove.

Wende Plante:

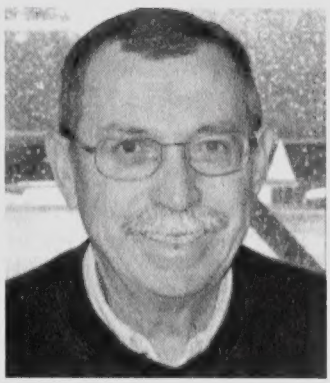
Wende Plante has been hard-working volunteer on many boards and organizations over the years, and says she was convinced to run by many people who have serious concerns about waste management in the Municipality. "In all honesty, it was two sisters I know in Lutterworth who sort of convinced me to run – they just wanted their concerns and issues to be heard," says Wende. "I've had a lot of experience in waste management – I used to work for a recycling plant in Whitby, and now I work for Greg Watson in Minden. I also wrote a recycling policy for Garbutt Disposal. I will certainly be open to all Minden residents and voters, and encourage their input."

Wally Dove:

Wally Dove is a former Certified General Accountant and auditor who is running on a radical economic platform that revolves around the central idea that personal promissory notes should be accepted as deposits for payment of property taxes in the Municipality. "We are slaves in this country to a monetary system that is both unconstitutional and fraudulent." Writes Mr. Dove.

Jim McMahon:

Jim McMahon has been a Minden cottager most of his life and a full-time resident and business owner since 1983, when he founded McMahon Feeds N Needs. He was first elected to Council in 1988 and has been Deputy Reeve as well as County Warden. "I'm very proud of the progress we've made addressing some of the most substantive issues we've faced: and I'm particularly happy that we managed to convince the OPP, after ten years of tough negotiations, to build their new detachment right here in Minden.



"We're working hard to revitalize our downtown core and I'm committed to working as closely as possible with our colleagues at the County Level to find a waste management solutions that will last. We simply have to face the reality that we can't keep putting our waste into the ground. And we have to continue to pressure the provincial government to consider all the alternatives to landfill sites, including incineration."

The easiest way to find something lost around the house is to buy a replacement.

CALL FOR FLOATS

for the

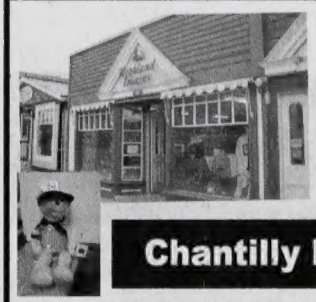
MINDEN SANTA CLAUS PARADE

Saturday, Nov 25th at 11 a.m

commencing at the bus lane, Archie Stouffer School. Safety first - all floats must contain participants safely - no throwing candy to the crowd, but candy can be handed out. Motorized vehicles to confirm proof of insurance. Prizes for best float or most creative float. Meet with Santa at the Minden Fire Hall after parade - free pictures for the kids with Santa. Hot Chocolate and Refreshments.

For more information or to enter your float in this years parade: contact Laura Cunliffe

Events Coordinator, Township of Minden Hills
at 286-1260 ext 215, by fax at 286-4917
or email lcunliffe@county.haliburton.on.ca



Highland Images

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Scientifically Speaking

Why does sunshine make you feel good?

When you wake up on a sunny day, getting up seems easy. Why? Sunlight, especially early morning light helps to keep your body's biological rhythm in line. And when your body's rhythm is "in beat," you feel good. Most people aren't really aware how much they need sunlight until they get the short dark days of fall and winter. Then the lack of sunlight can be a real problem for some people. It causes their biological rhythm to go haywire and they become sleepy, cranky and sad. But scientists have found that exposing these people daily to bright light helps to keep them alert and happy.

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Election 2006 - Algonquin Highlands

The race for the Reeve's chair in Algonquin Highlands between incumbent Eleanor Harrison and challenger Gerry Morrison has been dominated by one issue, i.e. the appropriateness of Mr. Morrison's candidacy. You see, Gerry Morrison is more than just an ordinary taxpayer: he's the Chief Administrative Officer (CAO) of the neighbouring Municipality of Minden Hills, and as such, has a very important governance role in the County. "I know that there isn't a legislative conflict of interest," says Reeve Harrison, "But for the life of me I can't see how Mr. Morrison can pretend to represent both the interests of Algonquin Highlands and those of Minden Hills at the same time."

But this is one battle that's not going to be resolved amicably. Gerry Morrison is furious at what he says were the "despicable" actions of Reeve Harrison and her campaign team regarding the all-candidates meeting in Dorset: "They simply rigged the meeting – there was no opportunity to discuss issues." Morrison has also sharply criticized Municipal staff for their role in the organization of the meeting.

Reeve Harrison rejects these allegations and stands 100% behind her campaign team and the Municipal staff. Morrison says he wants to debate the issues – and he's committed to working with Council and the Municipality in a fair and just manner. "I'm not a micro-manager," he says. "All of this bad feeling will blow over after the election."

Gerry Morrison:

For his part, Mr. Morrison, a 27-year veteran of Municipal Government, and an expert on the Municipal Act, says "this whole thing has been vastly overblown. I'm very well aware of the Municipal Act – in fact I've even written articles on municipal conflict of interest – and I have a very deep understanding of Municipal Government. I just don't see that there's going to be any major conflict between my job in Minden and being Reeve of Algonquin Highlands. I simply don't see it as a big issue."

Gerry Morrison moved to the area four years ago to accept the Minden Hills CAO position, and lives in Algonquin Highlands. "I've been very unhappy with a number of developments in the Municipality – I disagree strongly with their budgeting methods, for example, and I think the handling of the Maple Lake septage and landfill issue was a disgrace."

Eleanor Harrison:

Reeve Harrison, with eighteen years local Municipal Experience and a term as County Warden under her belt, isn't about to accept that the conflict of interest issue is over. And the other issues, the usual suspects of taxes, waste management, and development seem to be getting short shrift. "I'm certainly proud of what we've accomplished during my tenure as Reeve: we've completed the Official Plan, for example, and are in the final stages of a 25-year Waste Management Plan. I'm committed to open and progressive government for all our taxpayers."

I used to eat a lot of natural foods until I learned that most people die of natural causes

Minden

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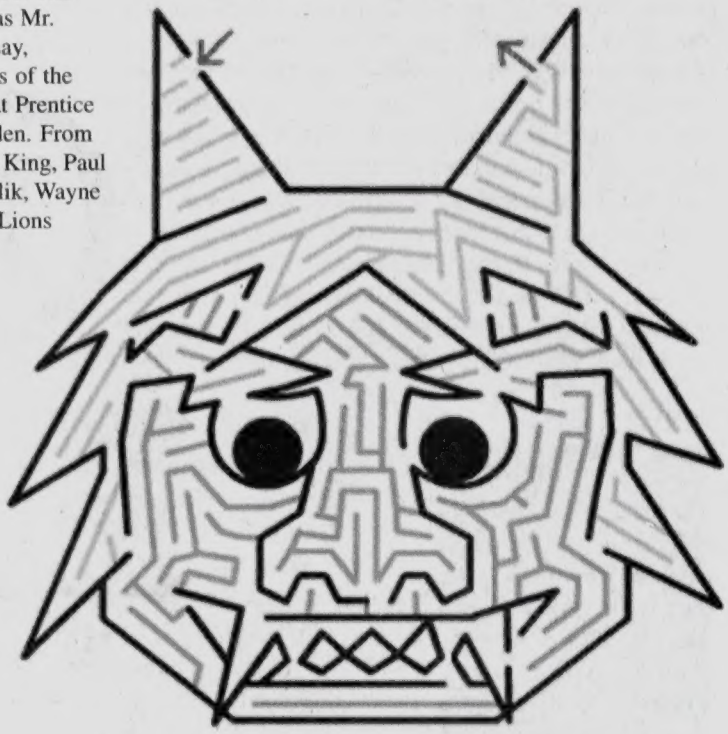
ATV Winner...

The Kinmount & District Lions Club 2006 ATV Draw was held in front of the Kinmount Legion Hall on October 9, 2006. The grand prize winner was Mr. Wayne Hood of Lindsay, Ontario. The picture is of the delivery of the prize at Prentice Power Sports in Minden. From the left are Lion Doug King, Paul Prentice, Lion Vic Ballik, Wayne Hood, and Kinmount Lions President Lion David Anderson. The Kinmount & District Lions would like to thank all those that have supported this fundraiser with help, prizes, tickets sales, or allowing tickets to be sold at their premises. A special thanks to all the people who have bought tickets and supported our club continuing its good works.

MAZE



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New Business

Marya Business Services

Maryanne Leach has 30 years experience in the corporate, business, and personal tax world, and has decided to open her own business services company in her home in Gooderham. Maryanne has lived in Gooderham for the past seven years in the old renovated schoolhouse next to the United Church and has been a regular volunteer in the community. She's been on the Beatification Committee, has been Chairperson of Horseshoe Days and is an active United Church member.

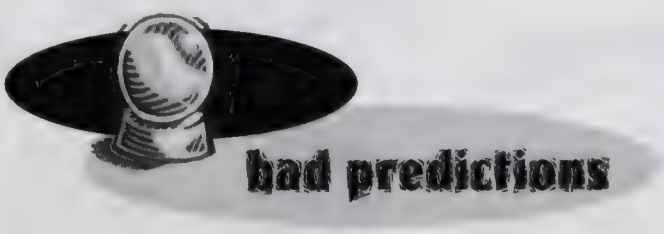
She's also worked as a bookkeeper and tax consultant to local businesses. Maryanne has acquired a truly wide range of business experience during an accounting career that has been extremely varied and diverse. She lived in B.C. for years where her clients ran the gamut from the provincial government to manufacturing firms to offshore companies in the Bahamas and the U.K. But she's also been a personal tax advisor for clients who need just that extra little bit of help to get their taxes done properly, and on time. Her clients range from seniors to young couples with home businesses to individuals who want to 'come in from the cold' and finally file their returns.

"People shouldn't be frightened if they're behind in their taxes – 10 years of hiding from the tax man isn't a good idea, but we can work out solutions to end the problem, and reduce the stress," says Maryanne. "I know how to make my clients comfortable and secure in the knowledge that the financial part of their life is all in order. Confidentiality and credibility is the key here – and that just about defines my business."

Marya Business Services provides full business, corporate, and personal income tax services as well taking care of monthly tax remittances for business, e-filing, and business bookkeeping services. "My chief expertise has been in personal and corporate tax issues, but I also really enjoy the challenge of keeping the books and accounting side of small businesses in good order. So many small business owners have little time for that side of things – and we can provide those services at a very reasonable cost. It's just one more thing that the business owner doesn't have to worry about – and he or she can get on with the more important aspects of their work."

Maryanne Leach's wealth of experience in the personal tax field will be welcomed particularly by those many Haliburtonians who work at a variety of jobs and whose tax returns are an annual challenge, and an often frustrating one. And for a reasonable fee, Maryanne can make absolutely sure that you're getting the best deal possible from our good friends at Revenue Canada.

Marya Business Services is located at 10752 Highway 503 in Gooderham. You can reach Maryanne at 705 447-3308, or by email at mleach@interhop.net.



In 1972, the Club of Rome's The Limits to Growth suggested that at exponential growth rates, the world would run out of gold by 1981, mercury by 1985, tin by 1987, zinc by 1990, petroleum by 1992, and copper, lead, and natural gas by 1993.

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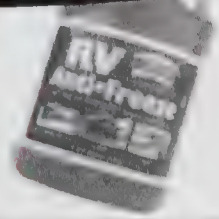

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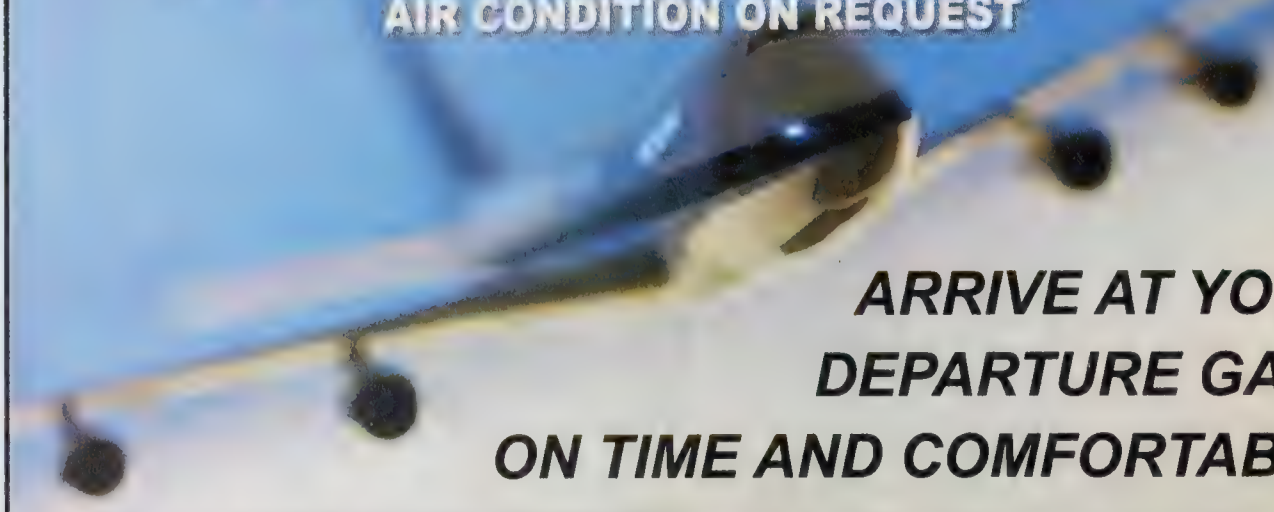

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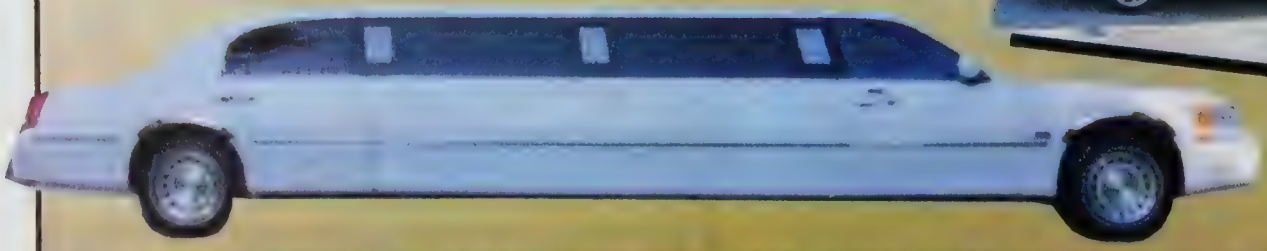

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A Farmer Named Cooter....

A farmer named Cooter had a bad, car accident. In court, the trucking company's fancy lawyer was questioning Cooter.

Didn't you say, at the scene of the accident, 'I'm fine,' asked the lawyer?

Cooter responded, "Well, I'll tell you what happened. I had just loaded my favorite mule, Bessie, into the....."

"I didn't ask for any details," the lawyer interrupted. "Just answer the question? Did you Not say, at the scene of the accident, 'I'm fine!"?

Cooter said, "Well, I had just got Bessie into the trailer and I was driving down the road...."

The lawyer interrupted again and said, "Judge, I am trying to establish the fact that, at the scene of the accident, this man told the Highway Patrolman on the scene that he was just fine. Now several weeks after the accident he is trying to sue my client. I believe he is a fraud. Please tell him to simply answer the question, yes or no."

By this time, the Judge was fairly interested in Cooter's answer and said to the lawyer, "I'd like to hear what he has to say about his favorite mule, Bessie." Cooter thanked the Judge and proceeded,

"Well as I was saying, I had just loaded Bessie, my favorite mule, into the trailer and was driving her down the highway when this huge semi-truck and trailer ran the stop sign and smacked my truck right in the side. I was thrown into one ditch and Bessie was thrown into the other."

"I was hurting, real bad and didn't want to move. However, I could hear ole Bessie Moaning and groaning. I knew she was in terrible shape just by her moans."

"Shortly after the accident, a Highway Patrolman came on the scene. He could hear Bessie moaning and groaning so he went over to her. After he looked at her, he took out his gun and shot her between the eyes.

Then the Patrolman came across the road, gun in hand, looked at me, and

said, "How are you feeling?"

"Now, what the hell would you say?"

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Election 2006 - Dysart et al

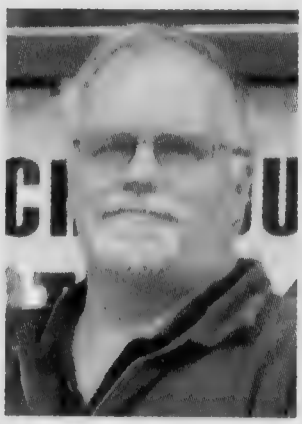
With the acclamation of Reeve Murray Fearrey, the action to succeed him seems to have been concentrated directly on the Deputy Reeve position. Incumbent Bill Davis is keenly aware that the electorate sees the position as a stepping stone to the Reeve's job: "I'm almost certain that this will be my last campaign," he says. "I've been at this for over twenty years, and I hope that some new blood will emerge in the next four years."

Bill Davis:

But for now, Davis is campaigning as hard as ever, and says his experience and dedication to the job should see him over the top again. Bill Davis has lived most of his life in Haliburton, has been involved in business, real estate, and for many years has worked as an ambulance dispatcher in Lindsay. "It's changed so much since I was first elected Deputy Reeve in 1985," says Bill, "and it's now almost a full-time job. But I can handle it by juggling vacation time and by using some leave of absence time. And I think my experience makes it easier for me to fit it all in. Shortly after my first term on Council I was asked to be part of the Planning Board which is 75% of the job anyway, and that was an invaluable experience."

On the major issues in the County, it's fair to say there are few major differences between Davis and his challengers, except for one of approach and imagination. The challengers, Businessmen Jim Henwood and Walt McKechnie and LCBO Manager Bob Nichol, are essentially on the same side when it comes to waste management, protecting the taxpayer, and encouraging proper development.

Jim Henwood:



"I think we're entering a new and different time in Haliburton and we need new solutions and attitudes to deal with it," says Jim Henwood. "Municipal government can be a really important part of dealing with our future – whether it be recreational facilities, or seniors' accommodation. We have to take the initiative and think positively about the future. The Municipality owns some forty acres out by the cemetery – why not at least consider a recreational complex that would include a swimming pool, a twin-pad arena, a track field and so on and convert the present arena lands into housing? At least take a look at ideas like that, so that we can start a proper debate."

Bob Nichol:

Bob Nichol has been a Councillor three separate times, the first back in 1978, and is no stranger to the issues. "I think the Deputy Reeve position is the logical next step forward for me," says Bob, "and yes, I think of it as a stepping stone towards the Reeve's job, for sure.

Election Dysart cont'd.... pg. 15....

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Election 2006 - Dysart cont'd...

... from pg. 14

That's where I want to be, in the long run." Bob wants to make sure that Haliburton and Dysart gets it's fair share of business development and feels that his experience with the issues gives him the ability to serve the voters well. "Waste management is obviously huge, we all know that – but we've got to find solutions that we can live with. And I'm committed to working with Council and the County and the Province to find those solutions."

Walt McKechnie:

Walt McKechnie says that he started thinking seriously about the Deputy Reeve's job about six months ago, "when some friends asked me if I'd consider it. And I finally decided I would because I truly believe we need a fresh new start and a new point of view at Council. I've had two successful careers already in life, and I want to make this my third one. We live in one of the most beautiful areas in the world, in a great community, but our potential isn't being realized. We need more businesses, we need to go out and tell our story. I've been in the public eye a great deal during my hockey playing days, and I'm used to it: and I'll be open and accountable to every single citizen."

And don't forget to make sure you're on the voters' list: if you haven't received your mail-in ballot by now, go to your local Municipal office to register (see accompanying story).

With elections just around the corner, I couldn't resist running this funny pic of a couple candidates running in the U.S. ... the picture says it all...

Church Events

Annual Turkey Dinner With All The Trimmings
Friday November 3
St. Paul's Anglican Church

Invergorgon Street in Minden – There will be two sittings – one at 5 p.m. and one at 6:30 p.m. Adults $12, Children 4 – 12 are $5. Pre-schoolers are free. Tickets may be purchased at The Storeroom or at My Size in Minden, or at the Church office – call 286-2541.

Roast Beef Dinner
Saturday November 4
Maple Lake United Church

Maple Lake United Church is hosting their Annual Fall Roast Beef Dinner on Sat. Nov. 4 with 2 sittings at 5:00 and 6:30. Adults $12. Call Merrie Berry at 754-2258 for details and tickets Maple Lake United Church is located on Hwy #118 and Airport Road West Guilford

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DUMB CRIMINALS

PARANOIA WILL DESTROY YA: Police in Corinth, Texas, stopped to help a stranded motorist. "It looked like he was attempting to change his tire," a department spokesman said. Suddenly the man started choking. The officers saw he had a plastic bag stuck in his throat and tried to save him, but they couldn't. Nickolas Sandoval, 24, was dead on arrival at a local hospital. Officers think Sandoval, who they later learned had multiple convictions for drug possession, stuffed the plastic bag of pot into his mouth to swallow it when he saw the cops pull up, but the "sizable amount" of marijuana in the bag kept it from going down. ...That'll teach him to be a potty mouth.

ASK AND YE SHALL RECEIVE: New Mexico State Rep. Joe Thompson, 37, the House Minority Whip, was on his way from a special ceremony: thesigning of a bill increasing penalties for multi-time drunk drivers. Before he got home, he was stopped and arrested — for drunk driving. Police say his blood alcohol level was .12 percent, well above the .08 percent legal limit. Thompson, who admits to being "terribly embarrassed", says he'll get treatment "if advised to do so."

> In the 60's, people took acid to make the world weird. Now the world is weird and people take Prozac to make it normal.

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Carnarvon	Bowling Alley	8:10 am
Minden	Court House	8:30 am
Returning to Haliburton		9:00 am

Departing

Haliburton	Town Docks	5:15 pm
Minden	Court House	5:45 pm
Carnarvon	Bowling Alley	6:10 pm
West Guilford	W.Guilford Shopping Cntr	6:25 pm
Eagle Lake	Eagle Lk Country Market	6:40 pm
Returning to Haliburton		7:00 pm

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12th Annual Tourism Leadership Workshop Series - Hands on Practical Skill Building for Tourism Success

Everyone is invited to join tourism professionals from across Ontario for two days of interactive workshops and networking opportunities being presented at the Haliburton Campus of Fleming College – 297 College Drive in Haliburton.

These workshops, taking place Tuesday November 14 and Wednesday November 15th are focused on providing professional development for small and medium sized tourism operators, municipalities, regional tourism organizations, educators and tourism managers.

The workshops take place throughout the day and vary in length depending on the workshop - they are held anytime between 9 a.m. – 4 p.m. All workshops are $50 flat.

The Keynote Speaker this year is Carol Patterson who will be discussing Creating a winning tourism product. Carol is well known as a nature and ecotourism industry professional. Her company, Kalahari Management Inc, specializes in business planning and training for the nature based tourism industry. Carol will be sharing hands-on practical skill building to help operators respond to current tourism trends.

Workshop Sessions include:

Small Business Planning - Practical Strategies for the Future; Growing Your Business - The Right Customers; Responding to Todays Tourism Trends; Internet Marketing for Tourism Businesses; Maximizing the impact of digital images in your tourism business; Provincial tourism marketing resources you can access affordably; Body, Mind and Spirit of the eco-tourist; Product Packaging and Price Point; Linking Tourism Experiences to trails; and Creating experiences for visitors to your studio.

To Register for a workshop:

·····Phone: Local 457-1680, Toll Free 1-866-353-6464 ask for the Haliburton Campus of Fleming College. Please have your credit card information ready.

····· By Fax: go to www.ontario-eco-tourism.com and download the registration form. Fax it to Tourism Leadership Workshop Series 705-457-2255

For more information you may contact: Val Bishop vbishop@flemingc.on.ca 705-457-1680 or Sheila Rowell srowell@flemingc.on.ca 705-457-1680

Complete program details, session descriptions, and biographies of the presenters available at: www.ontario-eco-tourism.com Watch the site for updates.

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Undue Mental Anguish?....

Terrence Dickson, of Bistol, Pennsylvania, was leaving a house he has just robbed by way of the garage. Unfortunately for Dickson, the automatic garage door opener malfunctioned and he could not get the garage door to open. Worse, he couldn't re-enter the house because the door connecting the garage to the house locked when Dickson pulled it shut. Forced to subsist for eight - count 'em, 8! - days on a case of Pepsi and a large bag of dry dog food, he sued the homeowner's insurance company claiming undue mental anguish.

Amazingly, the jury said the insurance company must pay Dickson $500,000 for his anguish. We should all have this kind of anguish.

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Washington

In Seattle, women who sit on men's laps on buses or trains without placing a pillow between them face an automatic six-month jail term.

In Auburn, men who deflower virgins, regardless of age or marital status, may face up to five years in jail.

Seattle residents may not carry concealed weapons longer than six feet.

It is illegal to pretend that one's parents are rich.

West Virginia

In Nicholas County, no clergy members may tell jokes or humorous stories from the pulpit during church services.

Doctors and dentists may not place a woman under anesthesia unless a third person is present.

It is illegal to snooze on a train.

Lange On The Law

by Donald J. Lange
Barrister & Solicitor

Consumer Protection

In earlier days in Toronto, there used to be door-to-door sales people who would come around trying to sell you a vacuum cleaner or the ten volumes of the Encyclopaedia Britannica. Today, there still are door-to-door sales people selling the usual goods but they now also sell such things, as internet services and other telecommunication products. In 2002, Ontario enacted a new *Consumer Protection Act* consolidating 6 older consumer protection laws and reforming the area to reflect today's technological world.

A typical example of consumer protection under the new Act is a sale in your own home. If you purchase goods or services from a door-to-door sales person, you have a right to cancel the sale at any time from the date of signing the purchase agreement until 10 days after receiving a written copy of the agreement. The 10 day period is usually referred to as the "cooling-off period." Such a period of time allows a consumer an opportunity to have second thoughts about the purchase. All the consumer needs to do is to notify the seller of the decision to cancel. The consumer need not give a reason. The seller has 15 days to return your money and also has the right to the return of the goods by either picking them up or paying for the costs of sending them back. You should be aware that this consumer protection does not apply if you buy the goods or services at the seller's place of business or other sales locations, such as a market place, an auction, a trade fair, or at your office.

There are other types of contracts which are also protected for consumers. Pre-paid goods or services, where some part of the contract occurs in the future, such as a fitness membership, are protected. Time share agreements and internet agreements are also protected.

Compared with city dwellers, the residents of the County of Haliburton are not pestered as much by door-to-door sales people but the same consumer protection applies here.

In the next column, I will be talking about the identity theft.

According to a recent poll, 39 percent of the people interviewed admitted that they snoop in their host's medicine cabinets.

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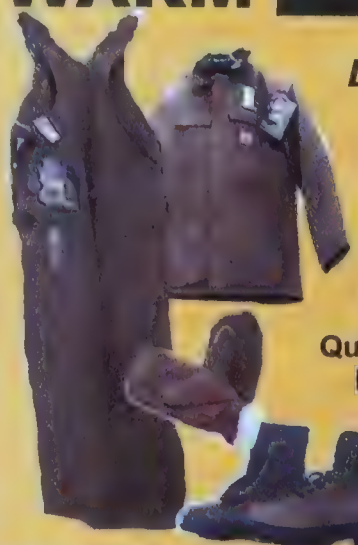

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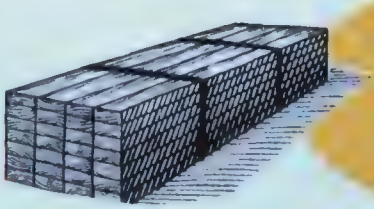

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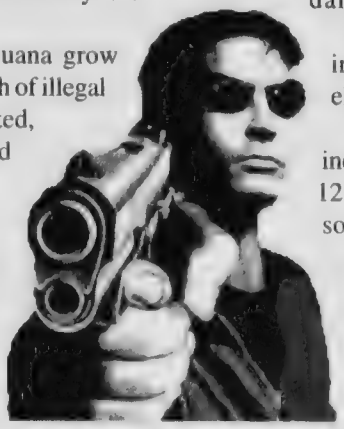
Crime Prevention a Top Priority by Barry Devolin

For decades, one of the defining features of Canada was our low crime rates. But rising levels of gun, gang and drug crime – especially in our major cities – have shown that we cannot take community safety for granted. Nor can we continue to say it is just a big city problem.

Just last month, local police shut down marijuana grow operation in Carnarvon. In that case, $3 million worth of illegal marijuana was seized and 20 suspects were arrested, some wearing body armour and carrying loaded weapons at the time



While rural Ontario is still a safe and great place to live, we must take steps to make sure it stays that way.

Since the resumption of Parliament last month, Canada's New Government tabled dangerous offenders' legislation that will deal directly with serious, hardened, repeat offenders.

The intention of this legislation is to impose stricter conditions on repeat offenders to keep such criminals from offending again and again. We are working hard to ensure that those who are truly dangerous will be put in jail for an indefinite period of time.

And we will make it easier for law enforcement officers and prosecutors to seek and obtain dangerous offender designations that will result in indeterminate sentences that keep these chronic and dangerous offenders off our streets. To this end, we will: Stop giving violent or sexual offenders the benefit of the doubt by instituting reverse onus on dangerous repeat sexual or violent offenders.

Up until now, the onus has been on the Crown to prove why a serious repeat sexual or violent offender should be declared a danger to society and put away indefinitely.

We believe the onus should be on offenders convicted of a third violent or sexual offence to prove why they should not be declared dangerous offenders.

If they can't do this, they will be put in jail for an indeterminate period of time – and they won't be eligible for parole until 7 years have passed.

Put convicted criminals on a shorter leash by increasing the maximum duration of peace bonds from 12 to 24 months. (Peace bonds represent a contract of sorts between convicted criminals and the broader community.)

Peace bonds lay out acceptable conditions of behaviour for released criminals and put restrictions on their behaviour. By putting convicted criminals on a tighter leash after release, we hope to better facilitate their re-integration into the community.

In addition to these legislative reforms, we will adopt measures to improve how we deal with dangerous offenders.

Investments will be made in the National Flagging System, which tracks potentially dangerous offenders through inter-agency collaboration and pre-sentence reports.

This will strengthen the ability of law enforcement agencies to track high risk individuals, and will ensure that they receive appropriate sentences should they re-offend.

Since taking office, Canada's New Government has committed itself to tackling crime by tabling legislation that will: impose mandatory prison sentences for gun crimes; end house arrest for serious crimes; raise the Age of Protection from 14 to 16 to safeguard our children from sexual predators; and crack down on street racing.

Canadians from across this land have told us they want action on crime. As a government, we are listening and we are delivering.

PLEASE VOTE!

And vote for a person...

- With a vision for his community's future
- Someone who cares
- Proven leadership
- Experience, Commitment and Continuity
- A willingness to work through difficult issues
- People person readily available and accessible to all
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Excel - Part 1 COMP254
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Mon, Nov 27, 20069:00am-12:00pm **FEE** $45.96

Excel - Part 3 COMP256
Mon, Dec 11, 2006, 9:00am-12:00pm **FEE** $45.96

Introduction to Computers - Part One COMP346
Sat, Nov 4, 2006, 9:00am-12:00pm **FEE** $45.96

Introduction to Computers - Part Two COMP347,
Sat, Nov 18, 2006, 9:00am-12:00pm **FEE** $45.96

Introduction to Computers - Part Three COMP348
Sat, Dec 2, 2006, 9:00am-12:00pm **FEE** $45.96

Mail Merge COMP248
Mon, Dec 18, 2006, 9:00am-12:00pm **FEE** $45.96

Microsoft Project Workshop - Part I COMP271
Mon, Nov 6, 2006, 9:00am-12:00pm **FEE** $45.96

Microsoft Project Workshop - Part II COMP272
Mon, Nov 20, 2006, 9:00am-12:00pm **FEE** $45.96

Microsoft Project Workshop - Part III COMP273
Mon, Dec 4, 2006 9:00am-12:00pm **FEE** $45.96

Microsoft Word - Part 1 COMP174
Wed, Nov 15, 2006, 6:30pm-9:30pm **FEE** $45.96

Microsoft Word - Part 2 COMP214
Wed, Nov 29, 2006, 6:30pm-9:30pm **FEE** $45.96

Microsoft Word - Part 3 COMP336
Wed, Dec 13, 2006, 6:30pm-9:30pm **FEE** $45.96

CPR & First Aid Training

CPR - Basic Rescuer (Level C) HLTH057
Fri/Sat/Sun Nov 10-12 **FEE** $58.00

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Fri/Sat/Sun Nov 10-12 **FEE** $47.30

Emergency Medical Response HLTH079
Fri/Sat/Sun Nov 10-12 **FEE** $122.90

First Aid Standard HLTH081
Fri/Sat/Sun Nov 10-12 **FEE** $101.44

First Aid - Standard Recert. HLTH082
Fri/Sat/Sun Nov 10 - 12 **FEE** $85.60

Outdoor & Recreation Workshops

Basic Survival Preparedness CART006
Sat, Dec 2, 2006, 9:00am-5:00pm **FEE** $100.68

Chainsaw Operator MECH082
M,T,W Dec 18 Dec 20, 2006, 8:00am-5:00pm **FEE $122.16**

Sustainable Building

Backyard Clay Oven ARTS818
Mon - Fri, Apr 30 - May 4, 2007, 9:00am-4:30pm **FEE $241.77**

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Renewable Energy NATR037
Mon - Wed, April 2 - 4, 2007, 9:00am 4:00pm **FEE $152.70**

Straw Bale Construction ARTS302
Mon - Fri, Apr 9 - Apr 13, 2007, 9:00am-4:30pm **FEE $241.77**

Timber Framing ARTS298
Mon - Sat, Apr 16 - Apr 21, 2007, 9:00am-4:30pm **FEE $247.86**

Timber Framing - Introduction to Design ARTS383
Sat & Sun, Apr 14 & 15, 2007, 9:00am-4:30pm **FEE $90.12**

Photography Workshop

ARTS669
Sat, Nov 18, 2006 9:00am-4:00pm **FEE $50.00**

To register call

705-457-1680

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www.flemingcollege.com

"Deck the WALLS!" Siren call to Artisans and Shoppers Alike

Event: Rails End Gallery & Arts Centre's Annual Show and Sale of Fine Art and Craft
Dates: November 25- December 22, 2006 Wednesday-Saturday 10 am – 5 pm
Location: Rails End Gallery & Arts Centre, 23 York St. Haliburton

Artists:

Summer's over and the Fall colour is waning. Winter looms. But wait! Christmas is just around the corner. The Rails End Gallery & Arts Centre invites all local artists to take part in Deck the WALLS!, an annual show and sale of fine art and craft. This year we are featuring smaller handcrafted items in the "Ticket Room" Gallery (under $30, no entry fee) and in the Highland Gallery artists are invited to submit up to 5 works for exhibition and/or sale. Proceeds from sales will support public programming at the Gallery.

Shoppers:

To our shoppers' delight Santa joins us Saturday November 25 1-4 pm and once again we will be having model train demonstrations by Doug Stephen on the same day! On Friday December 22 the show closes with an early evening reception for artists, gallery members and last minute shoppers.

You can contact the Rails End Gallery for entry guidelines hhgfa.railsend@on.aibn.com 457-2330 or visit their website at www.railsendgallery.com

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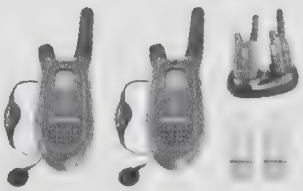

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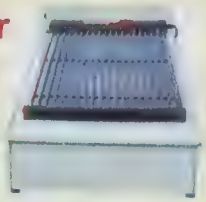

Fall Solar Sale!

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Haliburton Village to Try a Night Santa Claus Parade

The Village of Haliburton has decided to try a night Santa Claus parade for the first time in recent history.

The parade will be on Friday evening Nov. 24 at 6:30 pm.

The BIA (sponsors of the parade) have been considering this move for a few years.

"We've heard about the success Fenelon Falls and Huntsville have had with the spectacle an evening parade presents and numerous people have suggested we try it" said Andy Glecoff of the Haliburton BIA.

"The BIA came to the Lions Club early in the year to ask for our opinion and our help and our members everwhelmingly supported it." said Jim Frost of the Haliburton and District Lions Club.

Santa will be available for the kids on Saturday Nov. 25 from 1-4 pm at The Rail's End Gallery.

The route will also be changed this year (to avoid the difficult uphill climb). The parade will start from The Haliburton United Church at Pine and George St., proceed south to Highland St. then right along the business section to York St.

For information call Jim Frost, 457-4031.

Urban Legends

The Deer Departed

A hunter had just bagged a deer and decided since this was the biggest he'd ever seen, let alone shot, he decided it was a Kodak moment. He used the deer's large rack to hold his rifle, set up the timer on his camera and got ready to say "cheese." The camera got several very good photos of the deer getting up and running away with the rifle.

The 50-50-90 rule: anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.

Yard Sale and Silent Auction For Young Dawson Hamilton

Archie Stouffer will be hosting a Yard Sale and Silent Auction to help raise money for Scott, Tanner and Dawson Hamilton!

Dawson is a 6 year old student at Archie Stouffer, who is battling leukemia for the second time in his short life. His father Scott spends his days and nights by his son's bedside at Sick Kids Hospital in Toronto. His brother Tanner stays with family in Minden so he can continue to go to school.

We as a Community need to give this family all of our love, support emotionally, physically and financially!

The Yard Sale and Silent Auction will be held on Saturday, October 28th, 2006 in the school's gymnasium. Many businesses have been extremely generous and have made amazing donations towards the auction.

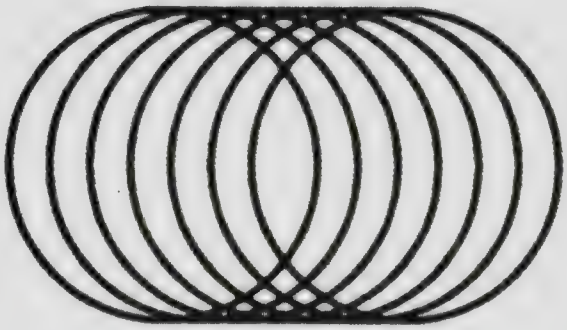
Some Items Include: Tandem load of topsoil (Donated by Hawk River Construction) starting bid $100.00; 500 liters of oil (Donated by Thermoshell) – starting bid $100.00; Autographed by Bobby Orr, the worlds most famous sports photos of all, "The Goal." This 7 ½ x 11 photo comes framed and matted, with certificate of authenticity. The picture is 1 of 25 that have been released in colour this year. Starting bid $300.00; Gift baskets, gift certificates, local artwork (stained glass, woodwork, paintings, Muskoka chair, kid's stuff, family gifts (approximately 50 items to bid on).

If you would like to donate to the auction, the generosity would be greatly appreciated, cash donations (made out directly to Scott Hamilton) would also be extremely generous!!!

Any questions, please contact Jean Whiteway (Educational Assistant at A.S.E.S). Home # 754-9265 or at Work 286-1921 ext. 409. Email: j.whiteway@tldsb.on.ca

"It Takes A Village To Raise A Child, It Will Take That Same Village To Save That Child!!!

Optical Illustions



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Dining and Entertainment

Where Are They Now?...

Valerie Bertinelli

Valerie Bertinelli was born April 23, 1960, in Wilmington, Delaware. Her role as Barbara Cooper on the tv series "One Day At A Time" was what made her a household name and America's teenage sweetheart. Valerie was married to Eddie Van Halen from April, 1981 to July, 2002. They have one child, Wolfgang born March 16, 1991. This kid better play guitar! Her father was a General Motors executive and because of his job the family travelled through so many cities. In fact, Valerie still calls herself a "GM brat.

Valerie continues to act and if you saw the movie "Saved!" then you probably saw Valerie in a cameo as herself. She has a home in Los Angeles and a production company (named Tuxedo Limited after one of the stray cats she's always taking in). An intresting little piece of trivia is that she briefly dated director/producer Steven Spielberg in the late 70s. Two of her closest friends are Faith Ford and Jane Leeves.

Crafty Christmas Sale

Gooderham Community Centre, Saturday, November 4th, from 10:00 a.m. to 4:00 p.m.

The Gooderham Community Action Group's Crafty Christmas Sale will be held at Gooderham Community Centre Saturday November 4th, 2006, from 10:00 a.m. to 4:00 p.m.

Here is your chance to grab some early Christmas gifts or decorations for around your home.

Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy

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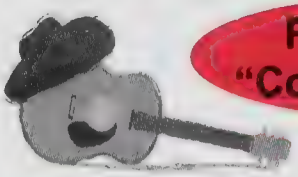
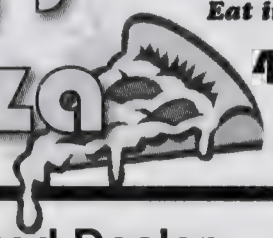


Fri Oct 27th "Country Bound"

Sat, Oct 28th. Halloween Bash

November 3rd - DJ
Nov 4th - KAOS

Ray's pizza



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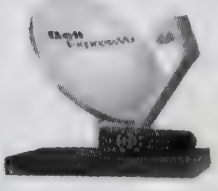

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Folk Society Presents Connie Kaldor Live in Haliburton

The Haliburton County Folk Society is fortunate and pleased to present Connie Kaldor in concert Sunday, November 5 at 7:30pm in the Northern Lights Performing Arts Pavilion.

Connie has been entertaining Canadians for over 25 years with her unique brand of folk music. That's not to peg her as a typical "folk singer", as she's been known to run the gambit of song styles from choral to gospel to cabaret. Because she acompanies herself on piano as well as guitar, we're hauling out the grand piano at the Northern Lights.

Her songs are not hit singles with anything sexy or gimmicky to hook listeners immediately. She writes her songs to make them last. There are songs that will resonate with you now, and the others might mean a whole lot more later on. Many readers will be familiar with her many appearances on CBC radio and television.

But music is only part of the Connie Kaldor experience. Anyone who has attended her concerts will attest to the fact her stage presence also contributes to her staying power. Once she gets going on a stream of consciousness, there's no stopping her, and the audience can't help but come along for the ride. Connie Kaldor the entertainer injects energy, enthusiasm and humor into her shows that would be worth the price of admission alone, but her music of simple yet pleasing melodies and heartfelt lyrics creates the perfect complement.

Advance tickets are $18 ($15 if you are a Folk Society member or a student) and $20 at the door, and can be purchased in Haliburton at the York Street Internet Café or Golden Stationers in Minden.

The YWCA Women's Centre presents....

A group on What is a Healthy Relationship? What is Love?

This event will be held at the YWCA Women's Centre, 11 Bobcaygeon Road, Minden from 1:00pm – 3:00pm November 8th, 15th, 22nd, 29th, 2006. The cost is FREE! The facilitators are Marina Hodson & Diana Leary. To register call 286-1942.

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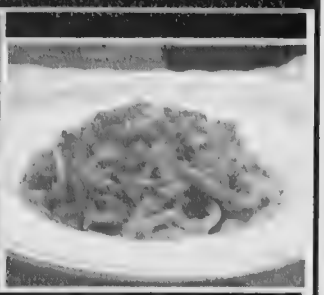

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Those Other Movies (November 9th)

Excellent "other" films from the Toronto International Film Festival are showing at the Molou Theatre in Haliburton on the 2nd Thursday of the month, Sept to June.

Also, optional discussion group to follow each film at one of the many venues in the county.

November's film is "A Simple Curve," a Canadian movie filmed in B.C. about a young man having to choose between his home in a rural area or a move to the city.

Tickets are $7.00 per screening or $50.00 for a season's pass. A Season's Pass is transferable - if you can't make the movie, give it to someone who can!

Tickets are available in Minden at Golden Stationers, the Health Food Store and the Agnes Jamieson Gallery. In Haliburton, you can get them at the Old Country House, the York Street Internet Cafe and the Rail's End Gallery. For more info, visit www.haliburton-movies.com or call (705) 286-4179.

"Celtic Autumn" Concert Featuring Sarah Kyle

Minden United Church, Minden - Friday October 27th at 7:30 pm Haliburton United Church, Haliburton - Saturday October 28th - dinner at 5:00 pm, concert at 6:30 pm

"Celtic Autumn" concert with optional dinner featuring international inspirational singer Sarah Kyle performing songs from Scotland, England, Ireland, Wales, Isle of Mann, Hebrides and East Coast Canada with Joe Likuski and Elizabeth Penrice, Michael Barkowski and the Aurora Opera Company Singers. Sarah Kyle performs with Accompanist Melissa Stephens and the Aurora Singers. Two performances, two locations!

Minden - Friday October 27th at 7:30 pm at the Minden United Church - tickets $15.00 call 286-1470 (dinner not available at this location)

Haliburton - Saturday October 28th - dinner at 5:00 pm sharp (a typical Scottish dinner of meat pie and all the trimmings), Help Sarah and her group judge the "Best Shortbread in Haliburton County" Contest. Concert at 6:30 pm at Haliburton United Church - tickets $25.00 for dinner and concert or $15.00 for concert only. Call 457-1891.

For more information contact Minden United Church at 286-1470 or Haliburton United Church at 457-1891. Tickets available at both churches and Pharmasave Drug Store Minden, Storeroom Natural Foods Minden, and The Ethel Curry Gallery, Haliburton.

Haliburton Concert Series; 4 Hands, 1 Piano

Northern Lights Performing Arts Pavilion, Haliburton, Saturday, November 4th

Two of Canada's most Accomplished pianists, have joined forces to create an impressive new ensemble. Peter Tiefenback and Robert Kortgaard have been amazing concerts and broadcast audiences across the country.

The pair will be here in Haliburton on Saturday November 4th to perform live in concert as part of the annual Haliburton Concert Series.

Some Series tickets available. Call 457-9731.

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Open Stage Returns to Hair Lounge in Carnarvon

They are back! Starting November 11, there will be music nights again at The Hair Lounge!!!

Mark & Claudette Christiano are back and will be doing the Open Stage every 2nd Saturday of every month, starting November 11/06!!!

Along with the regular "open jams", Mark and Claudette are featuring special concerts featuring a great line up of acts you won't want to miss. Their first concert will feature one of "The Worlds' Best Steel String Acoustic Guitarist" Don Ross – and it's taking place Saturday, November 25th starting at 8 p.m. – doors open at 7 p.m.. You will want to get your tickets early because they are already moving fast!!!

Tickets are $20.00 in advance ($25.00 at the door). It's all taking place at The Hair Lounge, located on Hwy.118 #9271, just east of Hwy.35 in Carnarvon. For reservations call 705.457.7587 or 705.489.1963 or email markchristiano@rogers.com

Open Stage Still Offered Every First and Third Saturday in Haliburton at Internet Cafe

Don't forget that there is also open stage events taking place in Haliburton every First and Third Saturday at the Internet Café in Haliburton. This event is run by the Haliburton County Folk Society.

HOT T·I·P·S

Cake Tips...

Cutting And Slicing…Before cutting fresh, moist cake, run a thin-bladed knife under hot water and dry. Slices without crumbling.

Or wrap some unwaxed dental floss around your fingers and slice through the cake with the floss as you would with a cheese wire!

After the cake has been cut, keep it moist by slicing fresh bread to the size of the exposed cake. Secure with toothpicks.

Sticking…Cake won't stick to the pan if you grease beforehand with unsalted fat and dust with flour.

Another stick-free method is to thoroughly grease a piece of clean brown paper that has been cut to fit the cake pan. Foolproof!

It isn't the jeans that make your butt look fat

Haliburton Legion News

Membership Draw:

Memberships are now due. The new cards are in the office. There will be two prizes given away in an early bird draw. So if you pay your membership before Nov 30 you could be a winner.

Halloween Dance:

There will be a Halloween dance in the clubroom on Fri. Oct 27. Jamie Bacon will be the DJ. There will also be prizes to be won. So come out and have some fun.

Euchre – Darts – Pool - Bingo

The euchre began Mon. Oct 16/06 at 7:00pm. Also Tuesday at 7:30pm is darts and Wednesday at 7:15pm is pool. Also Wednesday night is Bingo starting at 7:00pm and Friday is the meatdraw starting at 4:30pm.

Buy a Poppy

The poppy campaign has begun. The sign up sheets are in the clubroom. So remember your committment to actively participate in the poppy campaign. If you have any questions or have any suggestions please call the Branch at 457-2571. Thank You for your support.

See you at the Branch.

Eat Prunes for a Quick Healthy Snack.

A study at Tufts University in Medford, Massachusetts, found prunes to be a great source of antioxidants. Plus, they're high in fiber and iron. Antioxidants help decrease the amount of free radicals (unstable oxygen molecules) in your body; these have been associated with at least 50 serious diseases.

Bring An Ancestor And Enjoy Final Meeting Of the Genealogy Group For 2006

The final meeting of the 2006 season of the Haliburton Highlands Genealogy Group will be held Wednesday, Nov. 8 in the Common Room of the Minden Hills Cultural Centre, Bobcaygeon Road. Doors open at 6pm; elections for the 2007 Executive will be held at 6:30pm; 7pm is the start of the fun part of the night - "Bring An Ancestor".

This annual event is usually the most popular and well-attended HHGG meeting of the year. Members, guests and visitors are welcome to bring an artifact, photo or whatever for a short "Show & Tell". There is no charge to attend this event and everyone is welcome. Refreshments will be available. For more information contact Gail Leach-Wunker 286-2225.

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email: foundation@hhhs.on.ca • www.hhhs.on.ca

Health Unit Supports Campaign for Justice on Tobacco Fraud

The local health unit has thrown its support behind a campaign to lobby the provincial government to join other provinces in taking legal action for health-care cost recovery from the tobacco industry.

At its September 21st meeting, the Board of Health for the Haliburton, Kawartha, Pine Ridge District Health Unit approved a motion to join other health units and health organizations in supporting a newspaper ad campaign designed to persuade the Ontario government to take legal action against the tobacco industry. The move comes after the Supreme Court of Canada this summer ruled in favour of a law passed by British Columbia eight years ago to seek damages from the tobacco industry to cover health-care costs dating back five decades and to cover future costs for smoking-related illness. Since that time, other provinces have followed suit.

There is no cost for the Health Unit to support the lobby of the Ontario government as costs for the newspaper campaign have been donated by the Canadian Caner Society and the Heart and Stroke Foundation.

Respite Workers Wanted:

Family Services of Haliburton County is looking for contract Respite Workers and Volunteers to work with male youth, ages 12-16 years. We are looking for caring, committed individuals who can spend a few hours a week with a youth, spending time in the community and participating in fun activities.

1. 14 year old male in Haliburton area who likes anything to do with motorized vehicles (i.e. snowmobiles, ATV's, etc.), soccer, hockey, skating and would love to have someone to share these interests with.
2. 16 year old male in Minden area who would benefit from a mentor. He would enjoy community outings, participating in outdoor activities and needs help with creating a resume and job applications.
3. 13 year old male in Minden area who loves board games and outdoor activities.
4. 16 year old male who needs a tutor after school to help with grade 11 math.

If you would like more information on how to become a Respite Worker in Haliburton County, please contact Marilou or Vicki at Family Services at 457-5345. Training is provided.

New Business

Marcy Wilkins Opens New Spa

Marcy Wilkins graduated from the Canadian Aesthetics Academy with an Advanced Diploma some seven years ago, and next week she's finally going to open her own salon right in downtown Haliburton. She worked at the Magic Touch for a couple of years after moving full time to Haliburton in 2003 – but this year took time off to have her first baby (Mary Anne), with spouse Paul MacKinnon, and to plan her new business. Marcy spent many summers here with her grandmother, Doris McCann of Minden, and feels right at home in the area.

"I wanted to create a tranquil and relaxing atmosphere – and what better place to start a spa than in your own home," says Marci. "I look forward to offering my one-on-one service for each of my customers – and I'm offering individual pedicure and manicure packs for each client for just $6 as well as artificial nail packs for the same price and foot files for $12. And I'll take the cost off their first service. We also welcome seniors, of course, and we'll offer a 10 percent senior discount at any time – not just on special days."

But Marci's services don't stop with manicures and pedicures: "I'm offering the full range of spa treatments including facials, waxing, body polish, aromatherapy body treatments, eyebrow tinting, u.v. gel nails and nail art. We'll also do paraffin treatments and self-tanning cream applications, and we'll even do Mineral Mud body treatments from Italy as well as Swiss Chocolat Body Treatments!"

Marci is planning a whole range of specials to celebrate her spa opening on Saturday November 4th and Sunday November 5th. Make sure to stop by for a $5 Brow Wax, or a milk chocolate or honey wax, both of which are particularly suitable for sensitive skin. As well, there are draws for gift certificates and gift baskets available.

And if you call and book a spa service appointment before November 16th you'll receive a $10 gift certificate towards the cost.

"And here's a great November special", says Marcy. "Just imagine lying on a warm bed surrounded by candlelight and music while being pampered to the fullest extent possible with a beautiful facial. This is the perfect way to introduce yourself to a botanical and natural skin care treatment, and for November I'm offering it at half price for just $30."

Marcy will be open from 10 am to 7 pm most days, but her hours will be flexible – she'll have twilight appointments available, for example. Marcy's Spa is located at 38 George Street in Haliburton and you can book an appointment at 705 457-4603.

Food Handler Course

Haliburton – November 16, 9:30 am to 3:30 pm/
At the Health Unit office (191 Highland St., Unit 301). Course teaches participants on proper ways to handle and prepare food safely. Cost $20/person. Call (705) 457-1391.

Yoga meets Dance

Sunday Oct. 29 & Dec. 10

10:30 - 11:45 a.m.

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Spot The Differences

Safe & Happy Trick or Treating... Be careful - and watch for traffic!!

Can you spot the 10 differences in these pictures?

Stars on hat gone
Devil's pitchfork longer
Girl is frowning
Horn on devil missing
Shoe on clown gone
Witch's hat taller
Grass blades gone
Grass in front of devil longe
shirt on devil missing line near buttons
Circles on crown larger

Happy Halloween!!

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Thank you to everyone who helped make the 4th Annual Hike Haliburton a Success!

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Barrie Martin
Bert & Jane Kennedy
Bob & Pauline Johnson
Bob Hall
Bonnie View Inn
Brenda Preddigrew
Brenda Willcox & Steve Walker
Brie Henderson
Bryson's Marine
Buckslide Tent & Trailer Park
Camp Kandalore
Canadian Geographic
Candlelight Communications Inc.
Canoe FM
Carnarvon Bowl:
- Christ Trakosas & all the great staff
Carnarvon Castle Lumber
Carol Kilby
Casey Lessard
Cathy's Kitchen & Catering - Cathy Harding
Celebration of Trails - Michlynne Murphy
Chantel Poirier
Charlene English & John Pender
CHEX TV - Laura Windsor
Clansman Motel & Cottages
Collie & Shirley Day
Cordell Carpet & Interiors
Cottage Life
Country Rose Garden Centre
County of Haliburton
County Sign & Display
Creative Joy - Joyce MacDonald
Darlene Box
Dave Taylor
Delta Pinestone - Scott deSavoye
Dick & Jeanette Charron
Dmand Graphics - Tim deMunnick
Dollo's IGA
Don Wright
Doug Aldworth & Kate Hall
Drew McAnulty & Family
Dyna-con Explosives
Earth & Fire Pottery
Easton's Valumart - Minden
Elinor Hamilton
Emmerson Lumber
Ethel Curry Gallery - Jody Curry
Fire House Restaurant & Lakeside Resort
Fleming College
Friends of the Frost Centre
Gaia Centre
Gail Clements
Gail Holness
Gina's Shear Talent
Godfather's Pizza
Gravity Coffee House
Haliburton ATV Association
Haliburton County Optical
Haliburton Forest & Wildlife Reserve
Haliburton Highlands Health Services
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Mark Colman & Christine Currathers
Haliburton Highlands Weavers & Spinners
Haliburton IGA
Haliburton County Snowmobile Association
Haliburton Soap Factory
Halimar Resort
Headlines Hairstyling
Health for Life - Sue Shikaze
Heather Reid
Henwood's Variety
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Hiker Mike Kirby
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Inukshuk Manor B&B - Brian & Dorothy Menton
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Nordic Inn - Jane & Andre Tieman
Jeff & Harold Tabone
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Jim Sargant & Bob Fisher
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John Etches
Kashaga Lodge
Kinark Outdoor Centre
Kirsten Kohn
Kosy Korner Restaurant
Kris Kadwell
Kristy Farrell
Lakeside Golf Club
Larry Hewitt
Lawrence's Coffee & Vending Services
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Liza Yu
Lyn Winans
Lynda Shadbolt
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Mac & Carolyn Ellis
Magic Touch Day Spa
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Pranav Trivedi & Tyson Farrell
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Rickie Woods
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Rusty's Auto Care
Ryan Dawson
Samantha Hlcio
Sandy & Sigi Von Hunnius
Sandy Warrington & Jim Angus
Sean Pennylegion
Serenipity
Sennit Puppets
Sharon & Bob Briscoe
Singing Dog Studio - Thom Lambert
Sir Sam's Ski Area
South Algonquin Trails - Tammy & Lyle Donldson
Stedmans (Haliburton)
Stedmans (Minden)
Steelback Brewery
Stouffer Mill B & B - Don & Jesse Pflug
Studio Rose - Wayne & Sylvia Rose
Sue Lebrecht
Sunny Rock B & B - Sally Morre & Jan Clarke
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Rusty Buckets, Deere, O Dear, Kluny, Dreamweaver

And last, but certainly not least,
all the hearty hikers
who participated in the hikes
and events over the week-end!

Our sincere apologies to anyone we might have missed!

Planning for the 5th Annual Hike Haliburton Festival starts now!

Want to be a part of it? Please call or email us at Trails and Tours 705-489-4049

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Ontario Early Years Schedule For Early November

Wilberforce Play & Learn dates are changed for the month of November due to other bookings. The new dates are Nov. 9, 16 and 30. Join the Ontario Early Years Mobile Outreach at the Lloyd Watson Centre from 9:30 to noon. Nov. 9 The YWCA will be there talking about Better Boundaries, Better Relationships. Join Bev Jackson the OEYC Literacy Specialist on Nov. 30 for a special story circle.

Nov. 6 OEYC Minden 10 a.m.-11a.m. Bev Jackson will visit to talk about early literacy.

Nov. 13 OEYC Minden Parent Talk Time from 10a.m.to 11 a.m. The topic is Bedtime Routines with Lisa Hamilton from Family Services of Haliburton County.

Nov. 23 OEYC Haliburton Paarent Talk Time from 10 a.m. to 11a.m.
The topic is Potty Talk with Darlene Box from Family Services of Haliburton County.

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The Cookies Are HERE!!

Girl Guide Mint Cookies have arrived!

Those Chocolatey Mint Cookies have arrived! Local Girl Guides will be in neighbourhoods throughout the City of Kawartha Lakes, so watch for them and pick up your box today.

Available for $4.00 a box, the cookies go on sale this week and will be sold until the end of December or while supplies last. Proceeds from the cookie sales provide the funding necessary to create and sustain Guiding activities. Through Girl Guides, over 500 local girls and women are encouraged to strive for their potential and to provide leadership and service as responsible citizens.

"In addition to providing vital funding, cookie sales also teach the girls about planning, goal-setting, business, and marketing," says local Guider Liz Prashad. "Buying Girl Guide cookies is a great way to help ensure a strong future for Guiding, the organization that supports and develops tomorrow's female leaders."

Cookies are produced in a nut-free/peanut-free bakery. And in keeping with the commitment to value the natural environment, cookie packaging is 100% recyclable.

With over 147,000 members in Canada, Girl Guides of Canada is the largest organization for girls and women in the country and is part of the largest network of women and girls in the world. From sports, science, and camping to crafts, community projects, and international travel, there is something for everyone.

For further information, please contact: Christine Prashad, Public Relations, Girl Guides of Canada, Woodland Division - 705-324-6387, cprashad@yahoo.com

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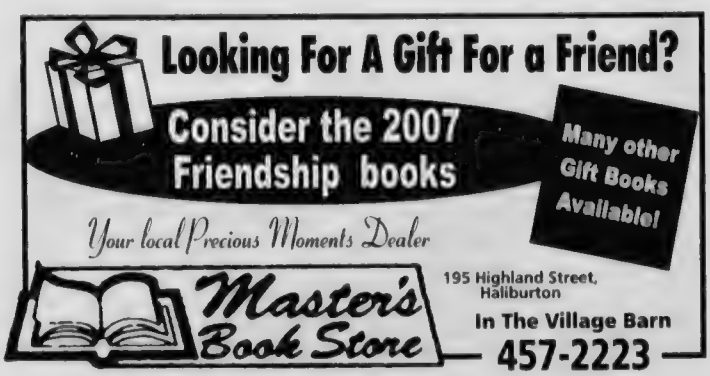
Art FUNdamentals

November 4, 11, 18 – Saturdays)

Does your child love to make art? Then this is for him/her!

A hands on approach to art fundamentals in a creative studio atmosphere at the Rails End Gallery. 11am - 12:30 for ages 7-10, Fee: $40 (all 4 weeks, or single classes $15). Explore line, colour, texture, form, composition in the Studio with Laurie, Daniela and friends.



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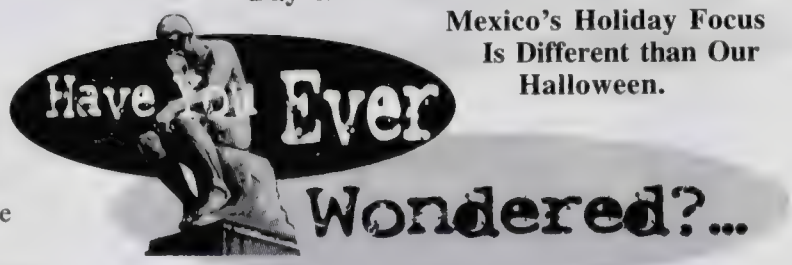
Do People Celebrate Halloween Differently in Places Like Mexico?

Day of the Dead Honors the Deceased. Mexico's Holiday Focus Is Different than Our Halloween.



At first glance, the Mexican custom of *El Día de los Muertos* — the Day of the Dead — may sound much like the U.S. custom of Halloween. After all, the celebration traditionally starts at midnight the night of Oct. 31, and the festivities are abundant in images related to death.

But the customs have different origins, and their attitudes toward death are different: In the typical Halloween festivities, death is something to be feared. But in *el día de los muertos*, death — or at least the memories of those who have died — is something to be celebrated.

El día de los muertos, which continues until Nov. 2, has become one of the biggest holidays in Mexico, and celebrations are becoming more common in areas of North America with a large Hispanic population.

Alters are set up in homes.

Its origins are distinctly Mexican: During the time of the Aztecs, a month long summer celebration was overseen by the goddess Mictecacihuatl, the Lady of the Dead. After the Aztecs were conquered by Spain and Catholicism became the dominant religion, the customs became intertwined with the Christian commemoration of All Saints' Day on Nov. 1.

Specifics of the celebration vary with region, but one of the most common customs is the making of elaborate altars to welcome departed spirits home. Vigils are held, and families often go to cemeteries to fix up the graves of their departed relatives. In homes observant families create an altar and decorate it with items that they believe are beautiful and attractive to the souls of their departed ones. Such items include offerings of flowers and food, but also things that will remind the living of the departed (such as their photographs, a diploma, or an article of clothing), and the things that the dead prized and enjoyed while they lived. This is done to entice the dead and assure that their souls actually return to take part in the remembrance. In very traditional settings, typically found only in native communities, the path from the street to the altar is actually strewn with petals to guide the returning soul to its altar and the bosom of the family.The traditional observance calls for departed children to be remembered during the first day of the festivity (the Day of the Little Angels, "Día de los Angelitos"), and for adults to be remembered on the second day. Traditionally, this is accompanied by a feast during the early morning hours of November the 2nd, the Day of the Dead proper, though modern urban Mexican families usually observe the Day of the Dead with only a special family supper featuring the bread of the dead. In southern Mexico, for example in the city of Puebla, it is good luck to be the one who bites into the plastic toy skeleton hidden by the baker in each rounded loaf. Friends and family members give one another gifts consisting of sugar skeletons or other items with a death motif, and the gift is more prized if the skull or skeleton is embossed with one's own name. Another variation found in the state of Oaxaca is for bread to be molded into the shape of a body or burial wrap, and for a face to be embedded on one end of the loaf. During the days leading up to and following the festivity, some bakeries in heavily aboriginal communities cease producing the wide range of breads that they typically sell so that they can focus on satisfying the demand for bread of the dead.

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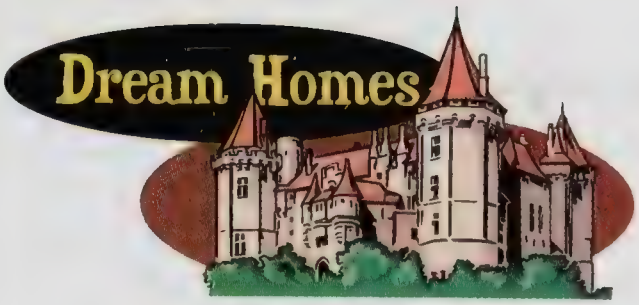

This place gets its own name – "Winding Way". It's presently for sale for $12,900,000. Each bedroom guest gets a bathroom and there's one left over for the driver? This 5 bedroom, 6 bathroom mansion in Malibu offers White-water views of Paradise Cove abound from the famed Stone Manor Estate and formal gardens. Custom copper gates lead up a long private drive to reveal a 6000 square foot stone motor court and waterfall. The main home features 32' beamed ceilings, hand rubbed plaster, four stone fireplaces, golden quartzite floors, gourmet kitchen , antique library, office and great room with sweeping terraces. The exquisite 2.5 acre estate gardens with a stone pavilion, guest quarters, orchards, formal lawns, fern grotto, pool, spa, putting greens, and custom bronze/copper lighting create a magical sanctuary. Magical Sanctuary! How's that grab you? Kinda nice huh?

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Celebrating Our 10th Anniversary

Introducing Dr. Katherine Keyes: Naturopathic Doctor

Haliburton's health care system is increasingly being regarded as one of the best and most comprehensive of its kind in Ontario. When you consider that in the last few years we've built new hospitals (and long-term care facilities) in Minden and Haliburton, as well as the Haliburton Highlands Health Centre, it should be no surprise that the fight to attract young medical professionals to the area is becoming a little easier. The County is also blessed with an impressive infrastructure of allied medical services, such as the very active and effective Community Care program, the Access Centre, and the SIRCH Community Hospice Program, to name just a few. Three first-rate chiropractic clinics, together with top-notch physiotherapy and massage therapy services round out the picture.

And now, with the arrival of Dr. Katherine Keyes ND (Naturopathic Doctor), the County's health services have become even more comprehensive. Dr. Keyes grew up in Huntsville and after graduating with an Honours BA in Kinesiology at the University of Western Ontario became a Phys Ed and French teacher in Bracebridge, Huntsville, and later in Yellowknife and Baffin Island.

"I'd always been fascinated by health issues, and with the ways in which the body worked, and how the body heals," says Dr. Keyes. "And I'd always been drawn to the service professions. I loved being a teacher, but finally I decided I wanted to be a health professional – and naturopathy was the logical discipline for me to undertake."

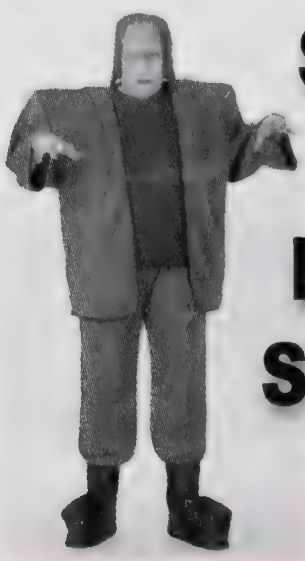
So Katherine enrolled in the Canadian College of Naturopathic Medicine in Toronto and last spring graduated as a fully qualified Naturopathic Doctor. Naturopathic Medicine is defined essentially by six governing principles: "first, we try to identify and remove the underlying causes of illness, rather than to merely eliminate or suppress symptoms. We try to treat the whole patient, and we take into account emotional, genetic, and social factors. And we particularly emphasize the prevention of disease, working with our patients to remove risk factors from their lives than can lead to, or exacerbate, illness.

"We're also teachers – which particularly appeals to me – and we're under an obligation to share our information with our patients to encourage self-responsibility for health."

To quality as a Naturopathic Doctor requires four full years of study, including an intern or preceptor period with an experienced Naturopath. "I was lucky enough to work with Dr. Gord Smith at his Carnarvon Naturopathic Centre last winter and spring and got to know his practice well. Dr. Smith is a botanicals expert – in fact he taught botanicals at the College – and he's also a terrific teacher." Dr. Smith retired from his practice this spring and moved to Whitehorse – and in effect gave his practice to Dr. Keyes, an act of great faith, not to mention generosity.

In its goal of treating the "whole person" Naturopaths employ a wide variety of techniques and disciplines ranging from acupuncture to hydrotherapy, botanicals (herbs and natural vitamins), chiropractic manipulation, and even Traditional Chinese Medicine. Naturopaths treat patients with a wide variety of ailments from asthma to migraines, allergies, skin disorder, anxiety, insomnia and stress-related conditions. As well, they treat many patients who have conditions that aren't necessarily disease-specific: in these cases Naturopaths often work with traditional doctors, chiropractic doctors and others to try and get to the root of the problem. "The Haliburton Family Clinic doctors have been most welcoming to me personally and professionally," says Dr. Keyes, "and I really look forward to working with them and with the whole Haliburton health community. Each of our disciplines has a role in helping our patients achieve a healthier and happier life and lifestyle. Naturopaths are becoming more and more accepted by mainstream medical practitioners – there are now

Dr. Keyes cont'd.... pg. 39 ...



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Real Estate TIPS

by Lea Kitler

Why Use a Home Inspector?

A certified home inspector will walk you through a 2 - 3 hour visual inspection of the home to determine its condition and that of its systems. Inspectors will assess which components are not performing properly as well as inform the prospective buyer of areas where repairs may be needed in the future. Inspections are also a good way to get a better understanding of the upkeep required on a variety of systems such as furnaces, plumbing and roofs.

Following the inspection, the buyer should be given a written home inspection report, or a computerized report complete with photos detailing the inspection. A maintenance schedule and an estimate of the lifespan and replacement cost of the home's systems will accompany the report. Home inspectors typically go over this report with the home buyer.

Your Realtor can assist you by supplying names of home inspectors and their contact info. When selecting from this list it is important that you enquire about the reputation, number of years in the business with experience in residential construction, and if they are a member of an association that will investigate consumer complaints. Note there is no formal licensing of home inspectors, but many home inspectors adhere to the standards of practice established by the Canadian Association of Home Inspectors.

Dr. Keyes con'td....

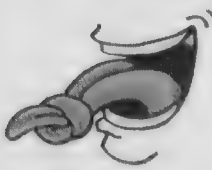
... from pg. 38

Naturopath residents at many major hospitals, for example. It's a much more cohesive and supportive relationship that it might have been in the past."

Dr. Keyes is operating her practice out of the Hill Chiropractic and Physiotherapy offices at the new Health Centre next to the hospital in Haliburton. Her office hours are Tuesday to Friday from 10 am to 5 pm, by appointment. You can book an appointment with Dr. Keyes by calling 705 457-9895.

I used to jog, but the ice cubes kept falling out of my glass!!

Tongue Twister



A cheap ship trip

Residential

Comfortable county living on a large picturesque lot near Gooderham. Large kitchen and dinning area, 4 pc. main floor washroom, separate family room, 3 bedrooms and much more. $114,900

This 3 bedroom home with renovated kitchen with new wiring, insulation, drywall, pine cupboards a built in dishwasher, Central Vacuum, Satellite Dish and new oil tank all in the village of Highland Grove. $89,900

Haliburton village three bedroom home on large ravine lot. Open concept living, dining and kitchen with walk out to multi level patio and gazebo. The stone fire place is magnificent come take a look. $144,500

Vacant Land

Residential building lot on small no motor boat lake, 120' of shoreline on 2.66 acre lot Driveway in to potential building site overlooking Lucerne Lake. $74,900

Enchanted river front building lot within town limits. All municipal services available at road The natural shoreline, sounds of the gentle rapids and cedar trees grace this magical hide-a-way with pride.$64,500

Rail Trail access into the back country of the Highlands by ATV or snowmobile. Surrounded by hundreds of acres of privately owned hunt land this 64.5 acre parcel is home to deer and moose. $79,900

Commercial

Aggregate business offers a complete package to generate income immediately after day of closing. Stock piles of natural product and equipment are part of this 89 acres site $489,900

At the edge of Algonquin Park is a 800 acre resort with a 25,000 sq. ft Conference Centre, a 18 hole championship golf course and 1000 ft. of shoreline on Benoir Lake. $3,500,000

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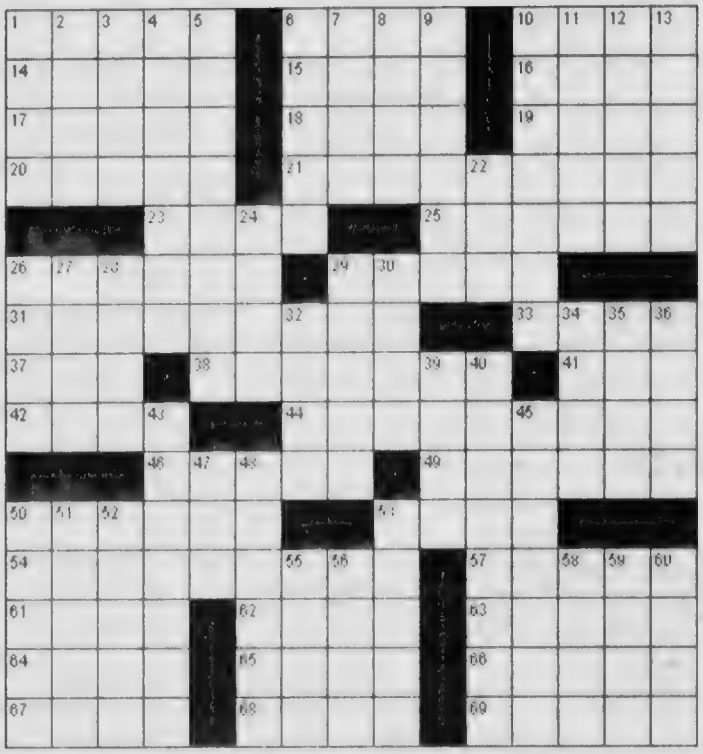

Across

1 Urgency
6 Silent film star Theda
10 Shopping complex
14 Wedding
15 "I cannot tell __"
16 "The African Queen" screenwriter
17 Cremona collectible
18 Moselle tributary
19 Golf course hazard
20 "The Glass-Bead Game" author
21 Compelling the attention
23 Donkey pin-on
25 Acropolis goddess
26 Vipers
29 Worth
31 Throw in the towel
33 Didn't go straight
37 "Are you a man __ mouse?"
38 Habitually humiliated one
41 Actress Farrow
42 Young deer
44 Mental aberration
46 Jamaican dish
49 Taxi driver
50 Spring, e.g.
53 Diminutive suffix
54 Easily managed
57 Hindu holy man
61 Scarce
62 Colorado resort
63 Peruvian peaks
64 Lay __ the line
65 Choice word
66 Make-up artists?
67 Bridge in Boulogne
68 Award of merit
69 Productive hen

Down

1 Lullaby opener
2 Poker opener
3 Letter opener
4 Kitchen appliance
5 Won over
6 Pesto ingredient
7 Alda or Arkin
8 Creeks
9 From above
10 One of the Gospels
11 Be of the same mind
12 First name in country music
13 100 make a drachma
22 Alphabet trio
24 "This __ laughing matter!"
26 Since
27 Brain membrane
28 Attract
29 Poetry
30 Host
32 Booby
34 City on the Irtysh
35 Eight in Ostia
36 Relaxation
39 Eight in Essen
40 "Sorry, no more"
43 Coming into being
45 Isles of the Pacific
47 Barracks bed
48 Jacks
50 Disrobe
51 Poet's Muse
52 Hank of baseball fame
53 Conger catcher
55 Latvian, e.g.
56 Author Alther
58 Time to act
59 In this place
60 Communist state to 1991

See answer on pg. 46

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Ski Lovers Paradise!- $429,900

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Spacious & Efficient Living- $249,900

Brand new home situated on over 6 acres of hardwood bush. Minutes from Haliburton and fronting on a municipally maintained road, this 3 bedroom, 2 bathroom home sits on Insulated Concrete Form foundation for energy cost savings. Features include 1496 sq. feet, plus partially finished basement with walk-out, high efficiency oil furnace, and MB w/ ensuite. Vendor will consider holding private mortgage. Call the vendor at 457-2054

Near Kashagawigamog $189,900

Absolutely gorgeous 2.3 acre lot across from Lake Kashagawigamog offers incredible privacy, but easy access to amenities. Lake access, golf course, and shopping are all w/in minutes. Beautifully landscaped with Bunkie, pond and nearby creek, this lot offers absolute serenity without lakefront taxes. Master Bedroom with ensuite, FR w/ cathedral ceiling and w/out to balcony. Ideal family home or cottage..... Contact owner for personal tour..**705-457-5092**

Privacy & Value! - $114,900

Super Starter!! Nestled in a mature treed setting, this is your opportunity to own or get started in cottage life. Approx. 800 sq ft winterized chalet with full septic and drilled well sits just minutes from the top of Sir Sam's Ski Area. Just 200m off municipally maintained road, the privacy that comes with owning in this desirable area is unmatched. Feed the deer or walk up your road to the top of the hill. A few finishing touches will make this your own. Call ... **519-792-9132**

Prime Building Lot $52,000

Great building opportunity for those seeking privacy and easy access to all services. Located conveniently between Haliburton and Eagle Lake, this 19 acre lot is located directly off County Rd 14 (Haliburton Lake Rd). The lot offers a new driveway, partially cleared building site, with natural pond to enjoy luxurious sunsets, mature hardwoods and the setting you've been looking for. Build your dream home here! Call the owner for details..... **705-754-3227**

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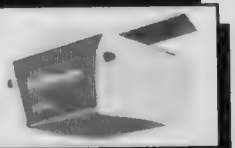
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My Heart Bleeds for you. Don't make me prove it!
The human heart creates enough pressure when it pumps out to the body that it could squirt blood 30 feet. (O.M.G.!)

If Tom Cruise were a flea, how many couches could he jump?
The flea can jump up to 350 times its body length. For a human, that would be equivalent to jumping the length of a entire football field.

Everything is so tasty down here! Ya, Ya , Ya!!
The catfish has over 27,000 taste buds. (What could be so tasty on the bottom of a pond or the sea?)

Houston, we almost had a bigger problem!
Just twenty seconds worth of fuel remained when Apollo 11's lunar module landed on the moon

Who measures this stuff? And how?
Ten tons of space dust falls on the Earth every day.

Thought it was just my eye sight!
Every year, the Moon moves a further 3.82cm from the Earth.

Go for the Gold. Olympic scuba diving?
There is about 200 times more gold in the worlds oceans, than has been mined in our entire history.

Little Headbangers!
Termites eat wood twice as fast when listening to heavy metal music.

Good for them.
The cockroach has a high resistance to radiation and is the creature most likely to survive a nuclear war.

That's why they feel heavier.
Your feet are bigger in the afternoon than the rest of the day.

Amazing what will work when needed.
The first Harley Davidson motorcycle built in 1903 used a tomato can for a carburator.

We are still the minority!
There are more chickens than people in the world.

Another reason I don't scuba dive!
The giant squid has the largest eyes in the world.

I can beat that record!
The average person falls asleep in seven minutes.

Scampering Along the White Trail

with Marci Mandel

AWAKENING

I joined the Gaia Centre book group this fall, and the first book we discussed was *Soulcraft* by Bill Plotkin. It was a non-fiction book about vision questing and how to go deep within and face the demons hiding in the shadows in order to be freed. This sounded very scary, yet I understood how it could be both pure torture and tremendously gratifying at the same time.

From my experience, going into the shadows was inevitable on the path to enlightenment, for the journey was about filling the body with light. Sooner or later, there would be no place left to hide, so the traumatic events in the dark, inner recesses would eventually have to be witnessed and honoured.

Vision questing was not to be entered into lightly, for without the right tools or facilitation, it could result in psychosis. But done properly, according to Plotkin, it could lead to profound insight that resulted in an awakening.

Preparing myself for the endeavour, I answered the two Grail Quest questions Plotkin noted, which were: what ails you, and who do you serve? What ailed me was that I was feeling small even though I knew I was big. And who did I serve - the tyrant who kept me small or the master who revelled in my magnificence? Hmmm.

As I walked the trail, I became aware of a glass ceiling hovering over my head - diminishing me. I kept yearning to be big but couldn't because this thing had me contained. I then had the sensation of a snake going up my spine and smashing right through it. What a release I felt - what an opening.

But something was missing. I couldn't sustain the feeling, so with my mentor's guidance, I began a vision quest. Taking a blanket outside, I went to a point of land overlooking the water and began fasting. The day was pleasant but uneventful. Night approached and I combed my mind trying to free myself from whatever tyrant it was that was limiting me. But there was nothing; my mind was as blank as the starless night. I chanted, danced, lamented, cried out, and rationalized, yet still had no great realization. As dawn broke, I took my blanket down to the water's edge and asked for my insight to arise with the sun.

Instead, my husband came over with a cup of tea and we talked about what I was hoping to accomplish. While out walking on the trail afterwards, and thinking about just that, I got the gift I so desperately wanted. It wasn't earth shattering; I wasn't presented with winning lottery numbers or some great invention to uplift humanity. The phrase that stopped me in my tracks was: *You already are who you want to be.*

I stood there and felt those words resonate in my bones. My back straightened and I smiled slowly and broadly knowing I had just had my awakening. What I realized was, I already was big, but I'd been crouching under the glass ceiling and hiding there for so long that I'd totally forgotten I could stand up and walk tall.

The glass ceiling, put there by my mind, was now dismantled by it.

A few days later, however, I found myself crouching down and hiding again. This upset me tremendously, for I thought my awareness of the problem had destroyed it – taken all the energy out of it. But that glass ceiling kept reappearing. Then I remembered a hard won lesson - everything is a process. The excitement of the discovery had roused me to stand up, but after a bit, it wore off and I was back in the old energy.

Determined to walk tall, I persisted in retraining my thoughts. For I knew the more I returned to the higher plane of understanding, the more comfortable I'd be with it, and the quicker it would become my natural way.

I already am who I want to be. The hard work in waking up to that knowing was certainly, I must say, worth the anguish.

Struggle and emerge!

For those interested, the book group will be discussing *The Last Child in the Woods* by Richard Louv on November 5th at 4 pm. For more information and directions call or email the Gaia Centre: 705 754 2427, gaiacentre@sympatico.ca

All columns are posted at http://scamperingalong.blogspot.com/ and http://trundlingalongthewhitetrail.blogspot.com/

The Name's Familiar... John Doe

Henry Jay Heimlich

Physician Henry Heimlich received his medical degree from Cornell Medical School and did his initial work in New York City. In 1977, he transferred to Xavier University in Cincinnati, where he became professor of advanced clinical sciences. Heimlich's main field of study is disorders of the alimentary tract.

He published books on thoracic and stomach surgery. But it was his procedure for saving a choking victim developed in the mid-1970's that made his name a household word. By applying sudden pressure to the abdomen by various means, a rescuer can force air upward through the windpipe, thereby dislodging the obstruction and reopening the airway. Before the Heimlich maneuver, when a person choked on food, it was generally thought that forcefully slapping the victim's back was helpful, but in reality slapping often causes the blockage to drop deeper into the throat, making the situation even worse.

Although it is widely used on choking victims, Heimlich has battled with the medical establishment over whether the Heimlich maneuver should be used on drowning victims instead of mouth to mouth resusitation.

For five years in the late 1990s, the Heimlich Maneuver was tested as a first response for drowning victims at several American amusement parks, including Disney and Six Flags parks. Critics have complained that the amusement park protocol amounted to using unwitting participants in life-or-death experiments. The Heimlich Maneuver's efficacy in drowning cases had been tested previously and remains disputed, with some evidence that it can actually cause harm, but Heimlich has continued to promote it as a rescue method for drowning victims. The American Red Cross, meanwhile, has quietly replaced the term "Heimlich maneuver" in its literature with the more generic term "abdominal thrusts."

In 1994, he traveled to China to work on a controversial experimental treatment for AIDS. – it is here he advocated and experimented with malariotherapy — injecting AIDS patients with malaria-tainted blood, in hopes of inducing fever temperatures so high that the HIV virus is killed. Beginning in 1996, Heimlich conducted his human experiments in China, where AIDS patients were given up to a dozen induced malaria fevers. Numerous experts have called his experiments dangerous, unnecessary, and "charlatanism of the highest order." Heimlich has also advocated malariotherapy as a possible cure for cancer and Lyme disease.

But Heimlich has even loftier objectives. "My ultimate goal," he wrote in Who's Who in America, "is to avoid needless death and promote well-being for the largest number of people by establishing a philosophy that will eliminate war."

One of Heimlich's most outspoken critics is his son, Peter Heimlich, who maintains that his father did not invent the Heimlich Maneuver, but instead stole the idea from another doctor, Edward A. Patrick. The younger Heimlich also claims that another Heimlich innovation, a surgical procedure for esophagus replacement, was actually developed by a Romanian physician, Dr. Dan Gavriliu. "Other than the maneuver for choking," Peter Heimlich says, "virtually all of my father's work has been discredited by every mainstream medical authority."

In 2000, Dr Heimlich had his first opportunity to actually perform the Heimlich Maneuver, when he heard a ruckus in a restaurant, and turned around to see a stranger choking. "I did the Heimlich maneuver," said Heimlich, "and got it out and then went on and had my lunch."

Heimlich's nephew is Anson Williams, the actor who played Potsie Webber on Happy Days.

Another Tidbit of interest: Haunted by the image of a Chinese soldier who died on the operating table after being shot in the chest in 1945, Dr. Heimlich set out to develop a valve that would drain blood and air out of the chest cavity. In 1964, the Heimlich Chest Drain Valve was introduced. Dr. Heimlich is considered a hero in Vietnam and the U.S., where the lives of thousands of American and Vietnamese soldiers shot in the chest were saved for the first time in history by a device barely five inches long. It was manufactured for just one dollar at that time. Today more than 250,000 Heimlich valves are used worldwide each year to treat patients with chest wounds, or following surgery. Each valve saves a life

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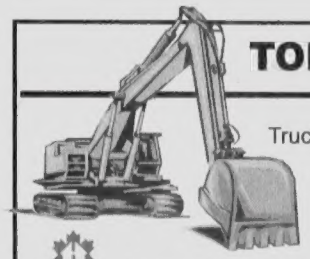

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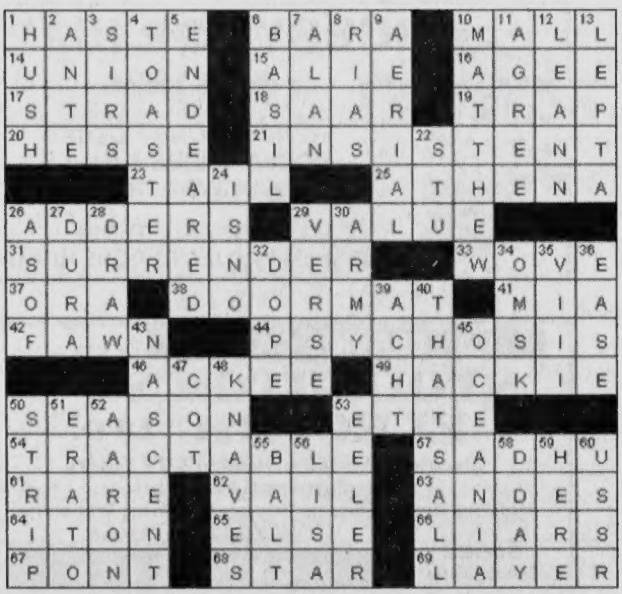

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There were 7 sams in the last issue. They were hidden in the following ads:

Jewels, Barry Miscio, Churko Electric, Blair Sawmill & Lumber, David Shapiera, John Francis Fuels, Minden Subaru

The winner of the Spot Sam Contest is: Randy Barnum of Haliburton

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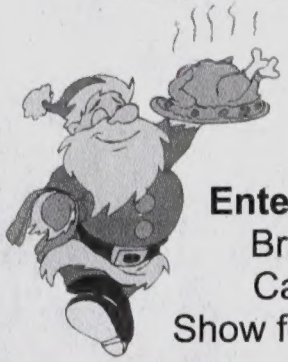

Thursday, Nov 30th
Haliburton Legion

Time: 12:30 p.m
Entertainment: Music by Brassy 5 & Community Care's Travelling Road Show featuring Shelly King.

Tickets available now for only $15 per person. Limited Seating. Get your tickets today. Call 457-2941. Visa & Mastercard accepted.

Kennisis and Redstone Lakes Realty Centre

Countrywide®

Haliburton Realty Ltd. Brokerage

Gloria Carnochan
Cindy Muenzel
Sales Representatives

The Mother Daughter Team

We have the Highlands covered!

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Independent Member Broker

Sunsets, 135ft shoreline some sand some rock. Stepped retaining wall to protect shoreline. 4 Bedroom 2 baths, 2pc ensuite. Well maintained cottage with many upgrades including kitchen, bath, septic. Western exposure with a big lake view of Kennisis Lake to die for. Sandy bottom & rock, gentle sloping lot off year round road. Winterized except for water.

$359,000.00

Chelsea Lane (just west of West Guilford)

Looking for peace and quiet? Check out this home/cottage. 2 bedrooms with a possible 3rd bedroom, open concept, 4pc bath and forced air oil furnace. Totally renovated in 2001. Bunkie out back for noisy guests or kids and double car garage to make the man in the family happy. Deeded access to Maple Lake nearby

$159,000.00

Private Lake – 129 acres – Haliburton Highlands. 129 acre retreat estate type property with a private lake, mature forest of pine and hardwoods. A 5 bdrm + loft cottage sits on the shore line of Torch Lake. The cottage is full of old country charm, massive stone fireplace in LR and backing the DR . Wood floors and all wood interior with cathedral ceilings. Large deck for entertaining. This property has many possibilities. Family retreat, Bed and Breakfast, Children's Camp, Retreat Center, possible severances of lots, also appears to be 50 to 60 acres of gravel, sand and great timber. Report details available to interested parties

$990,000.00

Bring the groceries!!! One of a kind opportunity on Kennisis Lake. This beautiful lake front property has it all with south to southeast exposure. Features are 3 bedrooms (2 with balconies), 2 baths, open concept with vaulted ceilings, hardwood & tile floors. Built in appliances, main floor laundry and sunken living room with propane fireplace. The best part is it comes furnished. There is also a double car garage and Bunkie/storage.

$518,000.00

There's No Better Time Than Now To Buy Your Dream Home Or Cottage!

Live where you play!! This gorgeous home is situated on over 11 acres & has over 700 feet on the Redstone River with loads of privacy. 3 plus bedroom home, den, office, eat in oak kitchen dining room, sunken living room with vaulted beam ceiling and amazing view of meadow. Fully finished walkout bsmt, laundry room, 2 1/2 baths, central air, central vac and much more. A must see to appreciate.

$329,000.00

Kennisis Lake - 4 season 2 bdrm cottage on year round road, drive to back door. Beautifully tiered frontage, with to die for big lake view of Kennisis Lake. 2 islands give protection to the shore line. Deep water swimming from a large deck and dock system

$359,000.00

Kennisis Lake Beauty

Priv. setting for this cozy yr rnd 3 bdrm cottage or home. Int is cedar & some drywall. Huge master overlooking the lake / priv deck. Lge bath / sauna, jaccuzi,& shower. 2nd bath for 2 lower level bdrms. Guest cabin. Granite shoreline, deep water swimming, newer deck at waters edge with dock., Southern exp with an unreal view of Kennisis Lake.

$522,000.00

Kennisis Lake

Privacy plus on the 748 ft. 2.84 acres shoreline of Kennisis Lake. Trees, rocks, deep water & great view, south exposure, driveway onto property. Build your dream cottage now.

$399,000.00

FOR MORE PHOTOS CHECK www.gloriaandcindy.com